

Student Welcome to the Grayson College! We are excited to have you and look forward to watching you grow and compete this upcoming year! Go Vikings!

As your athletic trainer, I have transitioned all paperwork to a secure, online data entry system for all of our medical forms. **All student-athletes must complete their entire SportsWare Online profile and have a physical exam prior to participating in any team practice (including weights and/or conditioning) or competition!** Please see the attached letter with specific instructions for completing your profile. If you have any issues getting access, please contact me at your earliest convenience.

Directions for completing your SportsWare Online Profile

★ Please read prior to attempting to login and complete your SportsWare Online profile.

Our team doctor, Dr. Stephen Sandoval, and other community health care members will be offering physicals to our student-athletes on Monday, August 20, 2018 at 5:00 pm, in the Grayson College Athletic Training Facility. The cost is \$15.00. You are welcome to utilize your own physician at home, however, please use the NJCAA Physical Form located in SportsWare Online. Also, **your physical must be completed after July 1st to be eligible for the upcoming year.** If you had a major injury/illness since your last competitive season (requiring surgery or extensive rehabilitation) or have a history of a specific chronic injury, you must be cleared by the treating physician. SportsWare Online will allow you the opportunity to upload your documents to your profile.

There will be a **mandatory meeting for all student-athletes on Sunday, August 19th at 3 pm**, in the Grayson College Gymnasium. This orientation will cover various institutional, athletics, athletic training policies and procedures, and an opportunity to answer any additional questions you may have. Additional information on Athletic Training Policies & Procedures will be found on our webpage.

Thank you for choosing Grayson College. We look forward to seeing you in action this upcoming season!

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