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Vitae

SONDRA L RINGLER

Grayson College
Health Sciences
Associate Degree Nursing
Denison, Texas 75020
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Education

2017- Estimated Graduation January 2020
Enrolled DNP Program Doctorate of Nursing Practice
American Sentinel University, Aurora, Colorado

2011-2013
MSN Masters of Science in Nursing
University of Phoenix, Phoenix, Arizona

2009-2011
BSN Bachelors of Science in Nursing
University of Phoenix, Phoenix, Arizona

2003-2006
ADN Associate Degree Nursing
Front Range Community College, Fort Collins, Colorado

Teaching Experience

- Nursing Professor, January 2016-present
- RNSG 1423 Nursing 1 theory, Spring 2018
- RNSG 1119 Nursing 1 Lab, Spring 2018
- RNSG 1360 Nursing 1 Clinical, Spring 2018
- RNSG 1423 Nursing I Theory, Fall 2017
- RNSG 1119 Nursing I Lab, Fall 2017
- RNSG 1360 Nursing I Clinical, Fall 2017
- RNSG 2464 Nursing III Clinical, Fall 2017
- RNSG 1423 Nursing I Theory, Spring 2017
- RNSG 1119 Nursing I Lab, Spring 2017
- RNSG 1360 Nursing I Clinical, Spring 2017
- RNSG 1423 Nursing I Theory, Fall 2016
- RNSG 1119 Nursing I Lab, Fall 2016
- RNSG 1360 Nursing I Clinical, Fall 2016
- RNSG 2464 Nursing III Clinical, Fall 2016
- RNSG 1423 Nursing I Theory, Spring 2016
- RNSG 1119 Nursing I Lab, Spring 2016
- RNSG 1360 Nursing I Clinical, Spring 2016
- Clinical Adjunct Nursing II and IV, Grayson College, Fall 2015
- Preceptor for GSN, Texoma Medical Center, 2014-present
- Preceptor for GSN, Poudre Valley Hospital, 2007-2013

Professional Experience

- January 2016-present Grayson College, Denison, Texas
- *Nursing Professor*
 - Providing classroom, lab, and clinical education to nursing students at Grayson College.
 - Provide clinical expertise to nursing students at clinical sites.
- August 2015-December 2015 Grayson College, Denison, Texas

- *Clinical adjunct*
Provide clinical expertise to nursing students at clinical sites.
- January 2014-present Texoma Medical Center, Denison, Texas
- *Charge Nurse CCSD, Level III CCSD Nurse*
- January 2012-December 2013 Poudre Valley Hospital, Fort Collins, Colorado
- *Patient Care Coordinator, Charge Nurse, Telemetry*
- June 2006-January 2012 Poudre Valley Hospital, Fort Collins, Colorado
- *Charge Nurse, Level II Adult Medical/Surgical Nurse*

Honors and Awards

- Magnet Nomination, May 2007
- Adult Medical/Surgical Nurse, ANCC, March 2008
- Progressive Critical Care Nurse, AACN, July 2015

Association Memberships

- American Nurses Association
- Texas Nurse's Association
- Colorado Nurses Association
- Critical Care Nurses Association

Professional Presentations

- De-escalation techniques for bedside nurses, September 2013, Poudre Valley Hospital, Fort Collins, Colorado

Languages

- English

Professional Development

- Advance Directives March 2018
- Hourly Rounding and Bedside Shift Report March 2018
- ACLS Renewal January 2018
- HeartCode BLS January 2018
- Annual Telemetry Strip Interpretation January 2018
- Therapeutic Duplication and Scope of Practice December 2017
- UHS EHAC (Early Heart Attack Care) November 2017
- EBSCO Tutorial for Nursing Reference Center November 2017
- Medication Holding for Nurses November 2017
- Insulin Sliding Scale Change September 2017
- Hydromorphone Change September 2017
- 2017 Post Op Medications September 2017
- The Walk-O2-Bout Family of Products September 2017
- PleurX Competency Carnival Study Materials September 2017
- Speech Pathology Swallow Precautions September 2017
- UHS Modified Early Warning Signs Scoring: Reducing Failure to Rescue September 2017
- Malignant Hyperthermia Protocol September 2017 Code Blue Competency Carnival September 2017
- ECG Rhythm Strip Interpretation, Basic Lesson 8 June 2017
- ECG Rhythm Strip Interpretation, Basic Lesson 7 June 2017
- ECG Rhythm Strip Interpretation, Basic Lesson 6 June 2017
- ECG Rhythm Strip Interpretation, Basic Lesson 5 June 2017
- ECG Rhythm Strip Interpretation, Basic Lesson 4 June 2017
- ECG Rhythm Strip Interpretation, Basic Lesson 3 June 2017
- ECG Rhythm Strip Interpretation, Basic Lesson 2 June 2017
- ECG Rhythm Strip Interpretation, Basic Lesson 1 June 2017
- UHS Pressure Ulcer Part 2: Stage II & III June 2017

- UHS Pressure Ulcer Part I: Assessing, Describing & Stage I June 2017
- Stroke: Pharmacologic Therapies June 2017
- Stroke: Ischemic Stroke Treatment June 2017
- Stroke: Hemorrhagic Stroke Treatment June 2017
- Preventing Health Care-Associated Infections with Mutli-drug Resistant Organisms (MDROS) June 2017
- Pain Management June 2017
- Overview of Multisystem Trauma June 2017
- AccuVein AV400 Training June 2017
- Ischemic Stroke Management, Acute June 2017
- Moderate Sedation/Analgesia June 2017
- Hazard Communication June 2017
- UHS Blood Management Program April 2017
- UHS Restraint and Seclusion April 2017
- UHS: TJC National Patient Safety Goals April 2017
- UHS: Your Obligations Under EMTALA April 2017
- UHS: Falls Assessment Training April 2017
- UHS: Code of Conduct and Corporate Compliance April 2017
- UHS Reducing the Risk of Medical Device Tubing Misconnections April 2017
- HIPAA: Putting Prevention Strategies into Practice April 2017
- Blood Management April 2017
- Medical Equipment Safety April 2017
- Patient Safety: Improving Caregiver Communication April 2017
- Patient Safety: Recognizing and Responding to Changes in a Patient's Condition April 2017
- Patient Safety: Identifying Patients at risk for Suicide April 2017
- Rapid Regulatory Compliance: Clinical I: Compliance, Ethics, Sexual Harassment, Patient Rights, Informed Consent, Adv. Directives, EMTALA, Grievances, Dev. Appropriate Care, Cult. Competence, Restraint/Seclusion, Patient Abuse/Assault/Neglect April 2017

- Rapid Regulatory Compliance: Clinical II: Gen/Fire/Elect/Back/Rad/MRI Safety, Ergo, Lift/transport, Slips/Trips/Falls, Latex Allergy, HazComm, WorkplaceViolence, EmergPrep, Infection Control: HAI, HandHyg, Bloodborne, StdPrec, Airborne/Contact/Droplet Prec, PPE April 2017
- Blood Component Therapy April 2017
- Surgical Site Infection (SSI) Prevention (Joint Commission Resources) April 2017
- Patient Safety: Improving the Safety of Medication Use April 2017
- UHS Stroke Swallow Screen Option 1: Sip and Swallow April 2017
- Central Line-Associated Bloodstream Infection (CLABSI) Bundle March 2017
- Interim Life Safety Measures March 2017
- Coronary Artery Disease (CAD) March 2017
- The Sepsis Crisis in our Healthcare System: Evidence Based guidelines & Strategies to Improve recognition and Management to Save Lives-Lesson #2- Sepsis Pathophysiology and First Three Hours of care, Understanding the Why February 2017
- Sepsis YouTube #3 Emergency Trailer February 2017
- Postoperative Complications of Bariatric Surgery February 2017
- Sensitive and Dignified Care for the Bariatric Patient February 2017
- End-of-Life Care February 2017
- Texas Nursing Jurisprudence January 2017
- Care of the Elderly January 2017
- Alzheimer's Disease and Dementia: Building a Better Understanding and Improving Skills for the Health Care Professional November 2016
- 2016 Acute Care Competency Carnival November 2016
- Early Heart Attack Care October 2016
- 2016 Nursing Stroke Swallow Screen October 2016
- Lippincott Test-taking Strategies October 2016
- Elder Abuse: Screening, Intervention, and Prevention October 2016
- Acute Coronary Syndrome October 2016

- The Sepsis Crisis in Our Health Care System: Evidenced-Based Guidelines and Strategies to Improve Recognition and Management to Save Lives- Lesson #1-Why Sepsis? Why Now? Building the Will For Change and the Skills for Early Recognition October 2016
- Apex Innovations: NIH Stroke Scale Training and Certification September 2016
- Lethal Arrhythmia 2016 September 2016
- 12-Lead EKG's Part II: Identifying Common Abnormalities June 2016
- Preventing Health Care-Associated Infections with Multi-Drug Resistant Organisms (MDROs): Joint Commission Resources June 2016
- Patient safety-Recognizing and Responding to Changes in a Patient's Condition: Joint Commission Resources June 2016
- Hazard Communication June 2016
- Moderate sedation June 2016
- UHS Pressure Ulcer Part1: Assessing, Describing & Stage 1 June 2016
- UHS Pressure Ulcer Part 2: Stage II & III June 2016
- UHS Armed Intruder and Active Assailant Training June 2016
- Lippincott 12-lead electrocardiogram (ECG) June 2016
- 12-Lead EKG's Part I: Recognizing Normal Findings May 2016
- Blood Component Therapy April 2016
- Blood Management: Best Practice Transfusion Strategies April 2016
- Patient Safety-Improving Communication Among Caregivers: Joint Commission Resources April 2016
- Patient Safety: Improving the Safety of Medication Use April 2016
- Central Line-Associated Bloodstream Infection (CLABSI) Bundle April 2016
- Coronary Artery Disease April 2016
- Identifying Patients at Risk for Suicide: Joint Commission Resources April 2016
- Fall and Injury Prevention April 2016
- Surgical Site Infection Prevention: Joint Commission Resources April 2016

- Reducing the Risk of Medical Device Tubing Mismatches April 2016
- Hand Hygiene Compliance March 2016
- Heart Code BLS March 2016
- Restraint and Seclusion March 2016
- Suicide Risk Assessment and Patient Safety March 2016
- ACLS recertification February 2016
- Pain Management and Capnography February 2016
- Lethal Arrhythmia February 2016
- Stroke: Pharmacologic Therapies January 2016
- Ischemic Stroke Management, Acute January 2016
- Stroke: Dysphagia Assessment January 2016
- Epidural Management December 2015
- Stroke Management Learning System: Module 1, Stroke Basics October 2015
- Texoma Medical Center Competency Carnival October 2015
- Medical and Pharmaceutical Waste Management October 2015
- Trach Ventilator Management Skills September 2015
- Lippincott test-taking Strategies September 2015
- APEX Innovations: NIH Stroke Scale Training and Certification Sept 2015
- Acute Coronary Syndrome September 2015
- Blood Management: Best-Practice Transfusion Strategies May 2015
- Moderate Sedation/Analgesia May 2015
- Patient Safety-Identifying Patients at Risk for Suicide May 2015
- Patient Safety-Recognizing and Responding to Changes in a Patient's Condition May 2015
- Blood Component Therapy May 2015
- Patient Safety-Reducing the Risk of health Care-Associated Infections May 2015
- Surgical Site Infection May 2015
- Patient Safety-Improving the Safety of Medication Use May 2015

- Central Line-Associated Blood Stream Infection (CLABSI) May 2015
- Patient Safety-Improving Communication Among Caregivers May 2015
- Progressive Critical Care Nurse Certification Preparation Course (SLP, online) March 2015
- Patient-and Family-centered Care Nursing Conference, Atlanta, Georgia September 2011
- Patient-and Family-Centered Care Nursing Conference, Seattle, Washington June 2008

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