Monday, September 24, 2012



Get involved

Sweet Treats Stop

1st Wednesdays 9:00-10:00 a.m. 2nd Floor—Student Life Cen-

Opening of "Club G" at Grayson College

Thursday, October 18 Life Center-Community Room 70's club atmosphere, live music, free food and more

Hall-O-Fest

Wednesday, October 31, 12:00 -1:30 p.m.,

Life Center-East Patio, Under The Bridge

Campus- wide activity, costume contest, pumpkin decorating and carving contest, live music, activities,

student club appreciation day, free desserts and drink

Fall Table Games Tournament

Ping pong, 8-ball, foosball and video games

Registration period: September 24-October 5. Play begins October 12

For more information contact Student Life.

Fall 4 on 4 Flag Foot-

Games are played on Tuesdays, 12:00-1:00 p.m., September-October

At the football/soccer field across from the water tower

Flu Shots

October 9 & 11 Life Center-Bridge

\$20 cash, check or credit card Sponsored by Grayson College Health Science Department, Grayson County Health Department, and Student Life

Student Government Association

Mondays (1st Monday of each

12:15—12:45 p.m., *The HUB*

It's My Life Student Leadership Series

4th Mondays 12:15 — 12:45 p.m., LA107

BSM Luncheon

Wednesdays

11:45 a.m.—12:30 p.m. Baptist Student Union

BSM Bible Study

Mondays

12:00—1:00 p.m. Baptist Student Union

Fellowship of Christian Athletes

Tuesdays

6:00 p.m. Viking Residence Hall Main Lounge

Men of Distinction

Thursdays

12:00-1:00 p.m. - The HUB

Sisters of Destiny

Wednesdays 4:00-5:00 p.m. .- The HUB

Phi Theta Kappa

Wednesdays 12:00-1:00 p.m. - The HUB

Dental Assisting Wednesdays

1:00-2:00 p.m. – *The HUB*

Speech Club Every other Wednesday

3:00-4:00 p.m. - The HUB

(Cont. pg. 2)

THE VIKING



South Pacific rehearsals in full swing for Oct. 12 opening

By Robin Robinson

Director, Drama/Theater

The Grayson Theatre department is currently rehearsing the award-winning musical **SOUTH PACIFIC**, written by Rodgers and Hammerstein.

This musical has won numerous Tony awards on Broadway and has entertained audiences over the years. Songs such as "I'm Gonna Wash That Man Right Out of My Hair," "There Ain't Nothin' Like a Dame," and "Some Enchanted Evening" are among several in this show. The Grayson Theatre department is excited about this project for two reasons.

First, this show takes place during War World II, so this production will be a way to honor our local veterans and their families. **SOUTH PA-**CIFIC will open Oct. 12 at 7:30 p.m. at Cruce Stark and it

will also be part of the *Denison Eisenhower Birthday* celebration weekend. veteran and their family members are admitted free to the Oct. 12 and Oct. 13 performances, both at 7:30 p.m.

On Oct. 12, there will be a parachute jump across the street from Grayson at 6:45 p.m. and then a reception in the lobby in Cruce Stark to honor veterans and their families. At 7:30 p.m. there will be a short presentation and then the musical **SOUTH PACIF**-*IC* will begin.

The second reason Grayson Theatre is excited about this show is the opportunity to include people in the community in this production. There is a cast of 24 actors, and within this cast, there are five actors who are not Grayson students. Lisa Herbert, the Grayson librarian, will portray the role of "Bloody Mary." She will have the honor of singing the ballad "Bali Hai" and "Happy Talk."

(Cont. on pg. 2)



The cast of South Pacific has been rehearsing and consists of new and returning actors

Grayson's Club G set to open Oct. 18 with live music and free food

By Gregg Miles

Director of Student Life

The Office of Student Life is announcing the opening of Club G. The Community Room, lo-

cated in the Life Center, will be

transformed into a 70's disco, coffee house environment with black lights, strobe lights, revolving disco ball lights, along with brightly colored table decorations, dance floor, and live music.

This pilot event will take place Thursday, October 18 from 8 p.m.-10 p.m. Several faculty members will provide an assortment of music, along with pre recorded music relative to the 70's.

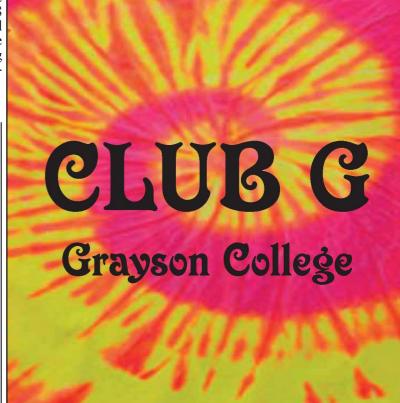
Complimentary sausages, brats, sides, and soft drinks will be served from 9 p.m.-10 p.m. A limited amount of fluorescent, tie-dyed *Club G* t-shirts will be sold for \$5.00 each to celebrate the opening.

Club G will continue to provide monthly musical entertainment and complimentary food if GC students support the event with their presence!

Make plans to attend the grand opening of Club G,

Grayson College's answer to a late night, non alcohol, non smoking, on-campus nightclub promotes student/ employee interaction through music, dance and food. See YOU there!

Student Life is seeking student and employee musical entertainment or other talents for future Club G entertainment. For more information, contact the Student Life office: 903-463-8693.



Theater and paramedics students team up to test catwalk

Theater and paramedics students "assisting" manikin

By Ryan Kyle

Officer

Callisburg Fire Dept. Training

The Grayson College Theater Arts department, in an effort to continue improve safety and being better prepared for cern with an overhead cat walk on August 30, 2012. To under-

and instructors from the para-

medic program. Using the medical manikins placed in the same harnesses, everyone got a real-life look at the problems and reasoning behind safety procedures.

Before the theater students an emergency, addressed con- arrived, an emergency incident planning session was held, allowing paramedic students a stand the problems, they chance to problem solve an teamed up with the students unusual but very possible inci-

dent that they could come upon. After a strategy was developed and practiced, the theater arts students got a chance not only to see the manikin fall but had a chance to see it saved only by its harness and had the chance to learn and participate in the rescue, using a genie hydraulic platform.

The scenario was played out as if it was a real-life incident, with paramedic students arriving with their classroom equipment to take over the treatment. This was great because it gave a fresh look at the jobs of a paramedic and all the care that has to be given to patients in those circumstances. 'It was a great experience

for me, and I would enjoy do-

ing more activities like this one to help me and my fellow classmates learn outside of the class-



Students stabilize "accident victim"

Look for The Viking in full color online at

http://www.grayson.edu/collegeinfo/the-viking.aspx, including archived earlier editions.

From the Grayson home page, click on "College Info" and then "The Viking."



WHAT'S HAPPENING AT GC

Writers Unlimited/ Sigma Kappa Delta

2nd & 4th Fridays 12:00-1:00 p.m. GC Writing Center (Rm. 110)

Mu Alpha Theta

Tuesdays 2:00-3:00 p.m. – *The HUB*

Welding Association Every other Tuesday 12:00 p.m.-1:00 p.m. - The HUB

Cultural Diversity

1st & 3rd Thursdays 1:15-2:15 p.m. – *The HUB*

The Clay Club

Tuesdays 6:00 p.m.-6:30 p.m.-AC 120

Eta Sigma Delta (Culinary Honor Society) TBA

Student Ambassadors 1st Thursday of each month 7:00 a.m.-7:45 a.m. Bridge lounge-outside the

MAS—Give More-Get More

Tuesdays 2:30 p.m.-3:30 p.m . – *The*

Delta Phi Delta Art

1st Wednesday of each month 11:45 a.m.-AC105

Grayson Nursing Student Association

Thursdays 5:00 p.m.-6:00 p.m.-The HUB

Psychology Club Tuesdays

12:15 p.m.-12:45 p.m. CIS 202

Paramedic Student Association

Meetings are determined as needed. September 20 and October 23 5:00 p.m . HS 215

Vocational Student **Nursing Association**

Tuesdays 12:00 p.m.-1:00 p.m. South Campus

Cosmetology Club

Mondays

3:45 p.m. CTC classroom

Veterans Student Association

September 26, 1 p.m. Viking Room

GC welding gearing up for 2013 workshop and rodeo

By Janis Thompson

Development Specialist/Grant Writer

The planning committee at Grayson College is getting fired up for the 2013 Welding Rodeo.

We are in the process of preparing packets with videos of students who participated in last year's two events and registration forms for the Pre Rodeo Design and Art Show to be held in December and the Rodeo scheduled

This year the Pre Rodeo De-

sign and Art Show is currently scheduled for Friday, December 7 2012 from 8:30 am until 3 pm at the Fine Arts building on the Grayson College campus. As before, due to the support of the National Endowment for the Arts, we will be able to conduct this event at no charge.

The 2013 Welding Rodeo is tentatively scheduled for Friday May 10, 2013.





BREAST CANCER AWARENESS & FIGHT FOR THE CURE RALLY

Tuesday, October 16, 2012 · Noon · In the GC Commons Area





CONTEST DECORATE AND PRETTIEST

Register your team

Gretchen Huff by

e-mail at

huffg@grayson.edu

- REGISTER YOUR 4-PERSON TEAM
- Submit...
- vour team members names contact information (for 1 team member)
- what department or club you are representing
- (if applicable)

For more information contact Kay Dishner at dishnerk@grayson.edu Lisa Hebert at lharris@grayson.edu

Texoma Night Out is modeled after the National Association of Town Watch's program, National Night Out, and will include the traditional Law Enforcement Unity Caravan made up of patrol cars and officers, where they are welcomed at city celebrations across Grayson County. Grayson College would like to make it a successful event to include things such as: food, drinks, activities, and fun for families and



WHO: Grayson College Students, Families, Volunteers

WHAT: Seeking clubs/students to help participate in "Texoma Night Out".

October 6, 2012 at 10:00 am. Caravan arrives at 11:40 am.

WHERE: Perrin **Elementary School** 81 Vandenburg Drive Denison, TX 75020

Contact Officer Alexander at the College Police Department if you would like more information. [903] 463-8777 or

WARNING, WARNING

One of many notable artworks from Welding Rodeo

On 1 SEPTEMBER 2011 the POSSESSION/USE/ SALE

Of ALL products in the category known as K2/SPICE and BATH SALTS became ILLEGAL

Under Texas law.....

The 82nd Legislature placed these substances under the category of Schedule 2 for Bath Salts and Schedule 2A for K2. Violations of Schedule 2 Drugs carries a State Jail Felony or Felony Jail Conviction depending on amount.

Schedule 2A Drugs violations carry a penalty from Class B Misdemeanor to 2d Felony Jail depending on amount.

Texas Health Safety Codes 481.116 and 481.1161 respectively. **GCPD Crime Prevention Unit**

903-463-8777

Student Leadership Series Government Association, Student Life, and the CWL Advisory Board will sponsor guest speakers monthly to facilitate group discussions relating to various leadership eaders share

South Pacific (cont. from pg. 1)

Theatre alumna will portray "Captain Bracket." Two high school students are in the cho-Mayes School in Denison.

Skiler Schmidtz, a Grayson Performances of South Pacific are Oct. 12, 13, 19, 20 at 7:30 pm; Oct. 18 at 10 am; and Oct. 21 at 2 pm. There will be a rus: Macie Johnson from Potts- lunch served by the Grayson boro High and AJ DaCosta Culinary department in the from Denison High. The roles of "Ngana" and "Jerome" will on Oct. 21 at 12:30 pm. Tickets be played by Layla and Amariform Theory Children of Carry on Thomas, children of Gray- free with a Grayson I.D. The son College's own Aaron lunch/show ticket on Oct. 21 is Thomas. Layla and Amarion \$15, and reservations for lunch Elementary are required. For more information about tickets or the

show, contact the Grayson Theatre department at 903-463-8609 or theatre@grayson.edu.

their philosophy on leadership ir

Below, South Pacific cast rehearses

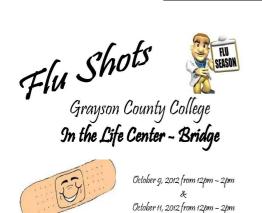
LA 107

12:15pm to

·September 24

October 22 ·November 26





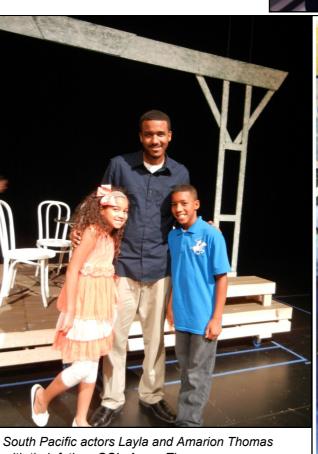
COST: \$20.00

Cash, Check (must reside in Grayson County to write a check), Credit Card, Medicare Part B (NO HMO's), Texas Children's Medicaid or Adult Medicaid

You have a fever, have a history or "Guillian-Barre" syndrome, previously had a reaction to a flu shot, have an allergy to Thimerosol, or have an allergy to chicken eggs

You Cannot Get The Shot If:

Grayson County Health Department 903-465-2878 ext 233 or 239



with their father, GC's Aaron Thomas



Welcome Back Picnic: a smashing success

At the Welcome Back Picnic, held in the Life Center patio on August 30, clubs set up information tables, and GC sponsored lunch and music for all.



Financial Aid (Cont. from p. 4)

When do I get my finan- zero? cial aid?

ment dates are calculated this semester was Septem-

After this date, disbursements are calculated every two weeks. If you did not complete your applications, accept your aid and/or did your Entrance Counseling and MPN by the census date, then your first disbursement will come two to three weeks after you complete everything.

If you have applied for Financial aid disburse- a loan, accepted it, and cent dates are calculated completed the MPN and using the census date of Entrance Counseling but the semester. Census date your loan still shows zero, don't panic. The Financial ber 12' making the first Aid Office is not allowed disbursement September to ask for the funds from the federal government until 7-10 days before disbursement. Once the Business Office receives the funds, it will show up in your Campus Connect.

How much will I get?

On the first disbursement, any Pell Grant funds remaining will be "paid" to you as well as half of the semesters' award in loans. The se-Why does my loan say cond disbursement, which is October 26 this semester, will pay the remaining half of your loan balance. All students who borrow loans are encouraged to start tracking their debt using www.nslds.ed.gov while in school. NSLDS is also a great way to stay informed after you complete your program or stop attending college.

No one in the Financial Aid office can tell you the exact dollar amount you will receive in your disbursement. We have no way to know how much you will spend in tuition, fees and what you have charged at the Grayson Book Store. But, we are happy to help you learn how to see what you were awarded on your

Campus Connect. Once your classes and

fees are paid by your fi-

nancial aid, you will see

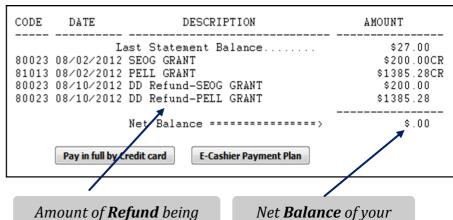
credits on your pay/ review account in Campus Connect. After everything you owe has been paid for, you will see an ending net balance as a credit on your pay/ review account. This is the money you will get in your disbursements. For those of you who have set up a direct deposit, you will see DD in front of your

Direct Deposited

"refund" amount.

We encourage all students to start budgeting before college, especially those of you on financial aid. There are many great tools provided by the Department of Education at www.ed.gov and www.studentaid.ed.gov. As mentioned before, you may track your loans and balances at www.nslds.ed.gov. If you have any questions, please stop by our office in the Administration Building located on the main campus, or call us at 903-463-8794. You may also e-mail us at financialaid@grayson.edu.

Student Account



The Viking is published by Writers Unlimited and Sigma Kappa Delta as an ongoing service project to the College. Participation in the production of The Viking is open to all students, faculty, and staff at Grayson College. The newspaper is provided as a forum for public opinion, and views expressed in The Viking do not necessarily reflect the policy of Sigma Kappa Delta, the Board of Trustees, the administration, or the faculty and staff at Grayson College. Material for publication may be submitted to The Viking office (LA105E) or through email to Marlea Trevino. TrevinoM@grayson.edu. Volunteers for production and writing may also visit The Viking office.

Show me the money

By Jeff Scott

Financial Aid Counselor

Applying for financial

When you filled out the Free Application for Federal Student Aid (FAFSA), it immediately went to the Department of Education for initial processing. When that processing is complete, it is sent to the Financial Aid office at the school or schools that you requested it to go to.

When the Financial Aid Office receives this information, it is then able to use the information from the FAFSA to determine whether you are eligible to receive any federal, state, or institutional financial

aid. All types of aid are considered and reviewed in order to put together an individualized "award package."

In some cases, the Department of Education may select your FAFSA for "verification." This does not indicate that you have done anything wrong. It is simply a way for the federal government to run some checks and balances on all of the applications they receive.

If your FAFSA is selected for verification, you will receive a notice from our office, telling you exactly which documents you will need to supply to our office in order to complete the process.

We notify you in the following ways: you

will first see statements, in red on your Campus Connect. These documents are needed, and you will also receive a letter in the mail stating which documents are needed. The most important thing for you to know is that we cannot process your financial aid until we receive all of the requested documents and have pro-cessed them, sent the results to the Department of Education, and received the completed Verification back from them. Once confirmation is received from the Department of Education, we will process your "award package" in the order in which it was received.

As soon as your award package has been completed, you will be able to see your awards on your Campus Connect, which can be found on the Grayson

College Portal at http://mypage.grayson.edu/ics.

You will then need to go to the Financial Aid tab of your Campus Connect and choose Aid Online Acceptance on the left hand side of the page to ACCEPT, DECLINE, or REDUCE your awards. Please be sure you do this every semester before the "Payment Deadline," as shown in the Academic Calendar of the Grayson College Class Listings for that semester.

If you accept a Federal Student Loan, you will need to immediately go to www.studentloans.gov and complete your Master Promissory Note and your Entrance Counsel-

What kind of financial aid do I have?

Most financial aid is tied to the number of

credit hours that you attend each semester.

Pell Grant

If you see a PELL grant listed in your award package, the "Award Amount" listed is the amount you would receive if you attended a minimum of 12 hours. If you attend less than 12 hours, the Pell will adjust downward to three-quarter, half or less than half time. You may attend as little as 3 credit hours and receive some Pell if you are otherwise eligible.

Other Grants

If you see other grants listed in your package, the dollar amount will usually stay the same no matter how many hours you are attending.

Loans

Warning: You must be attending a minimum of

six (6) credit hours to receive any type of loan. If at any time during the semester you drop below six credit hours, you will lose your loan. You must complete, sign, and submit your Master Promissory Note and complete and submit your Entrance Counseling in order to receive your loan.

Scholarships, exemptions, outside billings and other types of financial aid

The requirements for scholarships, exemptions, outside billings and other types of financial aid are too varied to list here. Please make sure you understand the type of aid you are expecting to receive and come speak to one of our Financial Aid Advisors if you have any questions.

(Cont. on pg. 3)

Award Amount

Total amount you are eligible for if you are attending 12 hours or more.

Fund ID	Date	Date	Award	Disbursable	Transmitted
	Awarded	Accepted	Amount	(Eligible) Amt	Amount
PELL FALL	09/13/2012	09/13/2012	\$2,775.00	\$2,775.00	
Direct Sub F	09/13/2012		\$2,250.00	\$.00	
DIRECT UNSUB	09/13/2012		\$1,000.00	\$.00	
GCE FALL	09/13/2012	09/13/2012	\$100.00	\$100.00	
Total for Fall 2012			\$6,125.00	\$2,875.00	\$.00
SPRING PELL	09/13/2012	09/13/2012	\$2,775.00	\$2,775.00	
Direct Sub S	09/13/2012		\$2,250.00	\$.00	
DIRECT UNSUB	09/13/2012		\$1,000.00	\$.00	
Total for Spring 2013			\$6,025.00	\$2,775.00	\$.00
Grand Totals			\$12,150.00	\$5,650.00	\$.00

Disbursable Amount

Total amount you are eligible for based on the number of hours you are attending.

Will be reduced if you drop any credit hours.

Transmitted Amount

The amount that has been paid from your total amount of aid towards your tuition, fees, and any charges from the Grayson College Book Store.

Note: This is only an example. Please check your Campus Connect for actual dollar amounts.

Rappers write books? means to live the good life, Trip drives his readers to find out what we

By Demarcus Grant

Trip Lee, a Christian rapper, has done something that is uncommon for rappers to do: write a book on living the good life.

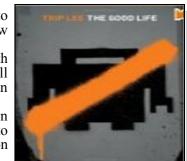
Focusing on what it actually means to live the good life, Trip drives his readers to find out what we are living by faith in: money, cars, and relationships, asking if those who have those material things really live the good life... or living by faith in a good God.

Also, what should we expect God to do if we live this good life?

This book, I know, is going to change how we look at life and show people different perspectives.

The book is titled after his fourth solo album, The Good Life, and will be released on October 1, 2012. It can also be ordered online.

To hear Trip Lee's commentary on the book, go to go to www.bragonmylord.com and on www.amazon.com.



Poets' Corner

Pains

As opposed to what people think, pain has several names.

Pain can be . . .silence, noise, a disease

Or not being able to express our feelings!

My pain surely belongs to the last category.

I never thought things could be that hard; I did my best and gave everything to work it out.

I became someone else to make you happy and never worried about my own feelings,

Had sleepless nights, headaches and heart broken, But I am SO done now.

Yep. . . I'm done living somebody else's life.

'Coz I need a me time. . . .

—Eulodie Bourobou

A Kiss for You

It is a small kiss. . .

A mere peck on the cheek.
You may hardly notice.
I leave it with you.
Though it may be overlooked,
It has some of my heart.
Take it with you.
It is not given lightly.



A Bit of Magic

A spark in the air, It builds in my soul. It warms me up And flows from my heart. I am at ease. The magic of my family.

Absolute

Nothing is 100%.
Absolute is impossible.
But if I could,
Then I would,
Love you
With all my heart.
But, of course,
It cannot be,
For nothing can be true.
So I accept close enough.
Will 99% be good?



—Anonymous Grayson Student

Breaking Horses in Heaven

Broken, not yet, but now that you're in heaven, you can break horses for God, while I continue to break them here on Earth 'til we meet again.

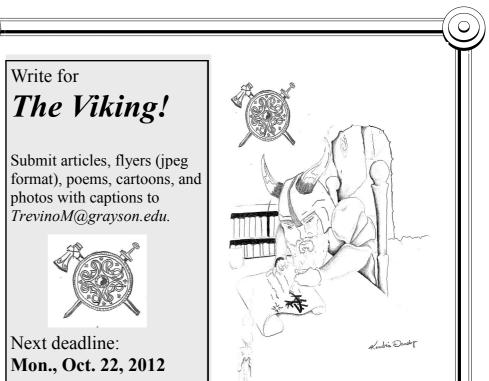
Though you're not here in flesh, your spirit will forever linger.

Memories of our times together weigh heavy on my mind as I sit and ponder about what we could've done when you got better.

I'm crying now, but in the future I will smile at the wonderful times we shared. So you keep breaking horses in heaven as I am down here, making you proud.

—Kambria Dansby

Written on the occasion of her father's funeral.



Cultural Diversity Club links countries/students represented at GC

By Pierre Sangare

As it defines itself, the Cultural Diversity Club is the cultural variety and the cultural diversity that exists in a community, a society, or a country.

CDC is a very active organization and has a mission: promoting a better understanding of all cultures between all students at Grayson College and teaching them how to embrace multiple cultures with equal respect.

acknowledge the importance of students, no matter where they are from. CDC also encourages students to introduce their unique culture, ethnicity, and heritage to the college and the surrounding community through programs, and special

Indeed, it is a way to

Among all the activities in • process and on our agenda, organizing and carrying out educational, social, recreational, and cultural events are the multiple ways we want to serve as a resource for diversity at GC.

CDC can be considered as a bridge linking every country on campus. In the past, we carried out 50 presentations over 20 countries during the last 4 years in Grayson County.

Countries represented in CDC are: France, England, Ivory Coast, Ghana, Congo Kinshasa and Brazzaville, Aus-Venezuela, Gabon, Cameroun, Benin, Togo, Kenya, Nepal, Vietnam, Canada, Mali, Senegal, Spain, and Chi-

Speaking of engagements, the upcoming big events are:

Presentation on the U.K. at and the community for its the Montessori Academy of North Texas on the September 19 by Nathan Owens 1:30-3:00 p.m.

Presentation on Gabon at Howe Library on October

International Week Grayson between November 12 and 16. Movie Night in November.

Trip in November.

All members of CDC are pleased to invite everyone to join our meeting on the 1st and 3rd Thursday of every month from 1:15-2 p.m. The next meeting is next Thursday in the HUB between the Library and Life Center. We also want to thank the

Baptist Student Ministry, the President of Grayson College,

Tuesday

Friday

Closed Labor Day, September 3, 2012

August 27 -

December

7, 2012

December

10, 11, and

12, 2012

national students on campus. support of CDC and all inter-



Cultural Diversity Club member explains his culture to local stu-

Time

GED/VUE Testing Only

8 a.m. - 8 p.m.

8 a.m. - 4 p.m.

8 a.m. - 8 p.m.

Veterans Corner

By Kambria Dansby

- The first Veterans Student Association meeting will be held at 1:00 p.m., September 26, 2012 in the Viking
- Habitat for Humanity and Wounded Warrior Events coming up. See Barbara Ward for details.
- There will now be VA assistance at South Campus every Monday from 9 a.m.-noon.
- There will be a Boots and Backpacks 5K run. Come and run in the mud with or without a ruck. There will be obstacles, insanity, food, beer, music, and all the mud you can get! All the money goes to charity. It is on Saturday, November 10, 2012. To register yourself or your team and for further information, go to www.bootsandbackpacks.com. It will be a great event at
 - which to just be a spectator and support our veterans.
- The Vow to Hire Heroes Act of 2011
- New Benefits for unemployed veterans: The Veterans Retraining Assistance Program (VRAP) offers 12 months of retraining assistance to veterans who are:
- Unemployed
- At least 35 but no more than 60 years old
- Have an other-than-dishonorable discharge
- Not eligible for any other VA education benefit program (e.g., the post 9/11 GI Bill, Montgomery GI Bill, Vocational Rehabilitation and Employment)
- Not in receipt of VA compensation due to Individual Unemployability (IU)
- Not enrolled in a federal or state job training program
- Enrolled in a VA approved program of education offered by a community college or technical school.



Personal counseling available to students

By Barbara Malone

Licensed Professional Counselor

Many of you have visited the Office of Counseling and Academic Advising in the Administration Building.

The staff of the Grayson College Counseling Center includes Licensed Professional Counselors and Stu-

dent Practicum Counselors. All of our staff are generalists and see students with a variety of issues.

Starting this year, the Counseling Department has partnered with local Counseling Internship Students, making more personal counseling available to students.

Under the supervision of

quired for your test - scantrons, bluebooks, calculators, pen/pencil, etc. Cell phones must be turned off and may not be taken to testing desks/workstations. Many standardized tests begin at a specified time, as shown on Admission Tickets/Confirmation Slips.

Days

Monday, Wednesday, Thursday

Internet/Hybrid Course Finals

Barbara Malone, Licensed Professional Counselor Supervisor, with 19 years' counseling experience, three Internship Student Counselors have begun collaborating with the center, seeing clients on a regular basis. "We're pleased to extend our counseling services to students," said Malone, adding, "It takes courage to address problem areas and examine painful feelings. Entering counseling is taking the first step in resolving difficulties."

Internship Student Counselors Crystal Mills and Elyse Schein are currently pursuing their Masters in Clinical Mental Health Counseling from • SOSU, while John Trader, from Texas A & M University-Commerce, brings his background in clinical psychology to Grayson. All three students plan on becoming Licensed Professional Counselors.

This is an ideal exchange for Internship Student Counselors, who are able to apply the confidential, just between you counseling techniques and theories they learn in their masters programs in a practical setting. GC students can benefit from the Internship Student Counselors' enthusiasm for the field of counseling and passion for

Free Lunch!

therapeutic listening.

Closed for Thanksgiving – from 2:00 p.m. November 21 until 8:00 a.m. November 26, 2012

All tests must be started at least one hour before closing. Photo ID is required. Please bring items re-

Counseling is a chance to talk confidentially with someone who can help you learn coping skills and new ways of looking at situations. Some students benefit from one or two sessions of problemsolving, while some concerns may warrant multiple counseling sessions.

Main Campus Testing Center

Room SC-115 6101 Grayson Drive Denison, TX 75020 903.463.8724

Almost anyone can benefit from counseling. College students, in particular, may face these common concerns:

- Low self-esteem
- Confusing and distressing reemigs
- Depression
- Anxiety
- Stress Substance abuse
- Problems with eating and body image
- Relationship problems
- Academic performance Adapting to college life

All counseling sessions are and your counselor, who will not disclose personal information shared during your sessions with professors or parents. Only you can give consent for us to release any information about you. Any information that you provide, as well as counseling records, are strictly confidential, except in life-threatening situations or in cases of suspected child or elder abuse.

Our counselors

- Are accepting of cultural differences, including race, ability, gender, religious affiliation and sexual orienta-
- Will maintain the highest ethical and legal standards of confidentiality.
- Will be open to discussing any of your concerns.
- Are interested in listening to

Our Internship Student Counselors are here for you.

Currently-registered students can come to the Grayson College Counseling Center to schedule an appointment.

At the first appointment, the counselor and student will decide together what type of counseling will be most beneficial. Students requiring immediate help can be seen on an emergency basis on the same day.

Sometimes all you need is a safe, caring place to talk.

Math Hub Schedule

Mon.-Thurs. 8 a.m.-8 p.m.

Fri. 8 a.m.-2 p.m.

Sat. 10 a.m.-2 p.m. (Sept. 22, Oct. 13,

Nov. 3, Dec. 1, and Dec. 8 only)

Success Center 113



Dayna Ford, Coordinator

Mon.-Thurs. Writing Center 8 a.m.-5 p.m. Fri.

8 a.m.-12 noon

Room 110

Library



Kay Dishner, Director

Bring a copy of your assignment so the tutor can help you better!



developing job search strategies, job leads more!

For an appointment: contact Gretchen Huff,

Job Placement Specialist, 903-415-2544, huffg@grayson.edu

Grayson students experience Honors College Partners in the Park

By Eulodie Bourobou and Mahawa Diakite

Camping is history: As we were in Colorado, we had the extraordinary opportunity to visit the Utes Museum, learn their history, their way of living, and their religious beliefs.

Camping is also the combining of different sciences: Yes, it's not just about sleeping in the middle of nowhere, but it's about biology, geology, astrology, engineering, anthropology, and so on. I, Eulodie, had the chance to see my rocks! It was not about my class book; it was me directly dealing with the nature and admiring her.

Camping is socializing with others: Like we all know, to truly enjoy this trip, it is important for people to know each other and stop thinking that life is all about ourselves because without other people, we cannot really be defined as human beings. We had to put aside some traditional beliefs and embrace the cultural diversity we were in.

Camping is using wisdom and creativity: Each group had to invest their \$40 fund in buying good and healthy food. It was definitely fun, and miserable for us because we thought about buying several things, not knowing that we did not have a refridgerator! We also cooked together, and everyone had the chance to taste something she never had had before. The funniest part was at the end of the trip when all the good food was gone and we only had only some vegetable and snacks because we really needed to make up something good.

Camping is having fun: We had boat trip, had showers in a 50-degree river, hiked, danced and sang. We also listened to some poetry and had s'mores....delicious but too sweet!

Camping also challenged us, spiritually and physically, for we had to adjust ourselves and beliefs to things we've never heard and done before.

The trip is encrypted in my blood; it's hard to explain because it has to be felt! Learning outside is great!

We enjoyed camping because it helped us understand the relevance of paying attention to what we are doing in life, for what we do will determine our future and help us find the resources needed to achieve our aim. By "paying attention," we mean observing, listening and practicing. As human beings, we sometimes refuse to face the reality and tie ourselves to apparent things.

Silence is also a fundamental key that contributed to our spiritual grow because it helped us focus on what we were doing using our reason instead of our senses. It's probably why great philosophers asserted that "Silence is the key to success," for to truly achieve our aim, we need to make silent stops and question our choices and the path we are walking on.

Eulodie wrote the poem "Stops!" (at left) on this subject.

These "stops" are not only necessary for school but apply in our daily life. We need to observe more instead of seeing because observation allows us to see and question our decisions. Using our reason, it can help us see that our boyfriend is not good enough for us or realize that we don't want to be a doctor, but a police officer.

However, let's not forget that observing and listening go well together; thus we have to accept the truth and make our dreams come true instead of living in these dreams.



Stops!

How many stops have you ever made in your life? I'm not talking about trips' stops,

But I'm actually asking you about pauses,

The ones you usually make to see where you are,

Where you stand, and what you've already accomplished. . . These stops that reveal to you your true personality and expectations,

The ones that guide you, and help you avoid the Big Fall.

How many stops have you ever made in your life? Or, I should say "Are you willing to make these stops, to follow and

achieve your dream?"
How many stops have you ever made in your life?

If none, don't you think you should meditate about it?

—-Eulodie Bourobou







Boys and Girls Club needs Grayson student volunteers

By Jamie Wagoner

Program Asst.—Academic Studies

Since the 1990's the Salvation Army Boys and Girls Club has put together a peewee tackle football program. Well, ladies and gentlemen, our season has just kicked off. Boys and girls from ages 5 to 12 have signed up, put on their pads, and hit the football field.

Parents and coaches have all volunteered their time and effort to dozens of children every year. Parents make t-shirts, helmet decals, and even car window stickers to support their kids, and the coaches take time out from their busy schedules to take part in tryouts and draft and set up practices to teach these kids the value of teamwork and a little football.

The Boys and Girls Club also has two groups of cheer leaders to get the crowd going and cheer on the teams (ages 5-12). These little girls even give a halftime show for everyone's entertainment.

For all you football fans out there, you have never really watched a great football game until you have watched these young kids put their hearts into this game and their sweat on the field.

There are 4 freshman teams (ages 5-7), 3 junior varsity teams (ages 8-9), and 4 varsity teams (ages 10-12).





#31 Dylan DeHorney running the ball and brought down by #7 De'Teaurean Johnson

The games are played on Saturdays and Mondays. Saturday games go from 9 a,m. until about 3:30 p.m., and there is one game played Monday evening from 6 p.m. to 7 p.m. The cost to watch these games is only \$2.00!

Their concession stand has plenty of goodies to keep you happy while you cheer on the players.

This program is very important to this area and gives our kids a place to learn lessons on and off the football field. So, please come out and help support the kids and the Salvation Army Boys and Girls Club.

Left: #43 Braedon Blanton blocking for #54 Keebler Boone-Wagoner



#44 Larry Rudd running the ball and #14 Jadarian Price-Butler going for the tackle



The Salvation Army Boys and Girls can always use volunteers during the season. They always need people to run the chains, take care of the score board, help clean up the stands and restrooms, and even help set up before the games. This is a great opportunity to help an organization that helps out the community.



Grayson supports Boys and Girls Club Peewee Tackle Football!

