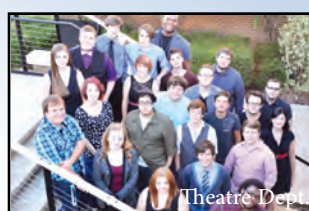


## Constitution Day lecture

GC remembers where it all began • Pg. A2



## Godspell production

To be performed 23-26 October • Pg. B1



## Public opinion

Should GC go non-smoking? • Pg. B3

# THE VIKING

Friday, October 10, 2014

Grayson College

Volume V, Issue II

## Get Involved

### Sweet Treats Stop

Complimentary sweet pastries, snacks and more, provided by Great Western Dining Service. Hosted by Student Life.

First and Third Wednesdays  
9:00 - 10:00 a.m.  
Life Center, 2nd Floor

### Hump Day "Snack Attack" (New Program)

Complimentary assorted snacks provided by Great Western Dining Service. Hosted by Student Life.

Second and Fourth Wednesdays, 1:00 - 3:00 p.m.  
Life Center, 2nd Floor

### 4-on-4 Flag Football

Continues through 21 October

Four teams are participating. Games are on Tuesday from 12 - 1 p.m. at the recreational field behind the baseball field.

### Hall-o-Fest

30 October  
11 a.m. - 1 p.m.

#### Under the Bridge

Join the fun with a costume contest, pumpkin carving/ decorating contest, student club/organization activities, United Way supported agency representation, games, snacks, music and more. Sponsored by the Student Government Association and Student Life.

Don't miss the 6 p.m. screening of *The Rocky Horror Picture Show* in Irma Blackburn (Health Sciences)  
**Disclaimer: Rated R**

### Gym & Fitness Center

Students and employees are encouraged to use the Gymnasium and Fitness Center. The facilities are open daily to meet your exercise and recreational needs. Hours of operation are listed on the college website and by the Fitness Center door.

The Fitness Center has been equipped with 10 new pieces of cardio equipment.

### Weekend Recreational Opportunities

(Pilot program)

\*Life Center (Saturdays)  
1:00 - 5:00 p.m.

Student usage will determine if weekend hours continue!

\*Fitness Center (Sundays)  
1:00 - 5:00 p.m.

Student usage will determine if weekend hours continue!

### Late Night Mexican Food Fiesta

Thursday, 16 October  
9 - 10 p.m.

Food Court, Life Center

### Pick-up Dodgeball and Gym Hockey

Every Wednesday from 12:00 - 1:00 p.m.

Meet at the gym for some exercise and stress reduction. The games are supervised by a Student Life staff member. Athletic shoes are required.

### "It's My Life" Student Leadership Series

Monday, 27 October  
12:15 - 12:45 p.m.

LA 101 Speaker TBA

### Student Government Association

First Mondays (monthly)  
12:15 - 12:45 p.m.

Viking Room, Life Center

### Grayson Nursing Student Association

Second Wednesdays  
7:45 - 8:45 a.m.

Viking Room, Life Center

## Huge turnout for semester's first litter pick up; local landfill teaches students about waste



As students arrived and grabbed their supplies, an orange vest and litter bag, these necessities quickly depleted. As such, half of the students fanned out across campus while others took to the highway to collect a total of 30 bags of litter. Students representing clubs will add this volunteer event to their Incentive Reports at the end of the year.

Rebecca Jones  
Editor

On 25 September, 47 students and gathered to do their part to keep the GC campus clean. The remnants of summer heat and the amazing turnout kept this litter pick up short and sweet. Volunteers were proudly able to collect 30 bags of litter from the campus and highway in only one hour.

The objective of these litter pick up events is not simply to beautify the campus, though this aspect is a natural byproduct. Volunteer opportunities like this are also meant to spread awareness, especially to those not participating, about our obligation to be active and healthy contributors to the continuation of our planet.

This means that, as a society, we need to understand and limit our consumption, practice better habits and reduce our total amount of waste. There is no better

way to understand human consumption and excess than to see it with your own eyes. On 2 October, Professor Rick Lynn's Environmental Geology class visited Texoma Area Solid Waste Authority (TASWA), the landfill shared by Gainesville, Sherman and Denison residents.

The TASWA representative, Dale Sissney, explained to Lynn's class that only twenty years ago landfills across the United States were

air pollution and a variety scavengers.

1993 regulations set by the Environmental Protection Agency finally put an end to frivolous misuse of land and other resources. As a result, however, the price of operating a landfill rose drastically. The number of landfills in Texas dropped from around one thousand to only one hundred. These one hundred landfills now safely serve larger regions.

The TASWA landfill sits

states like California have passed laws outlawing plastic grocery and trash bags, these types of waste show up in abundance at TASWA. He joked that on windy days, plastic grocery bag pick up "provided job security" for several of his employees.

Sadly, he also related to the class why recycling is not a high priority in southern states. "Land is cheaper here," Sissney said, so it costs far less to bury trash--\$35 per ton here versus \$120+ in many northern states. One student, Sophomore David Hall, made an astute observation: "It is expensive to be responsible," he said, "but it is inexpensive to be irresponsible." Sissney had to agree.

Students who participated in the campus litter pick up, as well as those who learned something valuable from their trip to the landfill, should be proud to serve their planet and the future generations that will inhabit it. ♥



Rebecca Jones

At TASWA, multi-million dollar machines move trash from the one hundred trucks that arrive daily.

bereft of all regulation. This led to problems with ground water seepage affecting local water supplies, uncontrolled

on forty-four acres, is fifty foot deep and holds around 1.2 million pounds of trash. Sissney explained that while

## "Moody Blues" menu a hit at 691, Grayson's student-run restaurant

Marlea Trevino  
Viking Sponsor

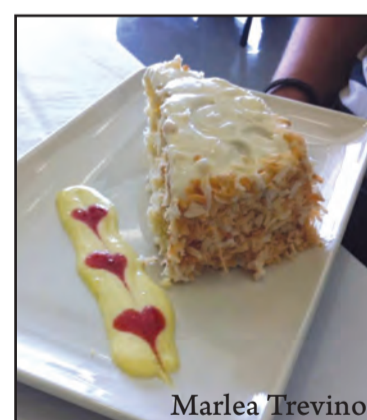
The "Moody Blues Menu" was a big draw Friday, 19 September, at 691, GC's student-run restaurant housed in the Culinary Arts building between the Viking dorm and the Grayson Police Department. Grayson Culinary Arts student Rachel Scribner created the day's menu, which featured, among other offerings, Grilled Bacon-Wrapped Shrimp Skewers, a Mojo Rib Plate and an Elvis Cake.

These particular choices were sampled by Grayson math student OZ Romero (pronounced "O-Z," and yes, that's his real name—I checked his driver's license). Romero fits the occasional lunch at 691 into his busy four-job work week and twelve-hour academic schedule to support his girlfriend, Monica Reed, a Culinary Arts student on duty as server that day. As a chef himself at a local Cracker Barrel restaurant, Romero was especially suited to review the Deep South fare of-

fered on the "Moody Blues" menu.

Grayson student Cassie Davidson provided our table exemplary service, frequently checking on us, refilling our drinks and updating us on the status of our order. As the day's restaurant manager, Grayson student Cody Daniel greeted us warmly and ensured that we had a pleasing dining experience.

The bread basket for the meal included large homemade biscuits with sweet, creamy butter. "I eat lots of biscuits at Cracker Barrel,"



Marlea Trevino

Dessert options included the Elvis Cake (pictured above), Warm Bread Pudding or Southern Sweet Potato Pie.

observed Romero. "These make me want another one. . . The filling is softer than Cracker Barrel's. . . exceptionally soft."

Continued on page A2

## Artist Joe Urquizo inspires students

Leon Deutsch  
Director of Teaching and Learning

In an effort to celebrate diversity, Joe Urquizo was a guest presenter at Grayson College on 11 September 2014.

Joe Urquizo was born in 1963 with severe Cerebral Palsy. After graduating from high school, Joe began to paint.



Rebecca Jones

Continued on page A3

## Call for Dia de los Muertos "Ofrendas on Wheels"

Dia de los Muertos or Day of the Dead is the Latino variation of the Catholic holy day All Saints Day. Hispanic families gather at the graves of family members to honor deceased loved ones. In addition, families prepare ofrendas (altars, shrines) which are decorated and display offerings to deceased souls.

The purpose of the ofrenda is remembrance. The idea is to create a place that com-

memorates the accomplishments and lives of the dead. These shrines are typically bright and colorful and are not designed out of sadness or mourning, but out of joy. The centerpiece is usually a photo of a departed family member, friend, pet or whoever the altar is dedicated to. Photos or statues of patron saints as well as ofrendas (offerings) are also placed on the altar.

Continued on page B1

# Constitution Day lecture draws a crowd

Elizabeth Taylor  
PTK Member

On 16 September, 2014, Grayson College celebrated its annual Constitution Day event, which our Phi Theta Kappa chapter, Omicron Psi, graciously hosts each year. All who attended had the privilege of hearing Professors Chase Machen, Matt Hamilton and Mary Linder discuss various aspects of the Constitution.

Machen is the Department Chair of Social Sciences and a history professor at Grayson, where he has been teaching for four years. Professor Hamilton has been teaching history for five years, two of which have been at Grayson College. Mary Linder is Grayson's Phi Theta Kappa Advisor, and she has been teaching government and history here for eight years.

At the beginning of the presentation, Machen gave a brief history of the creation of the Constitution and the

importance of this document. He discussed why it was essential to replace the Articles of Confederation and then discussed the federal system created under the Constitution.

Next, Professor Hamilton focused on the history and legacy of the Fourteenth Amendment, explaining why it was needed and why it remains important today.

Professor Linder brought the discussion into the contemporary era when she explained the relevance of the Fourteenth Amendment today through her discussion of gay marriage and the Defense of Marriage Act. After the presentation the audience had the opportunity to ask any questions they had. Many of the students and other attendees were eager to engage in this wonderful learning experience.

The evening concluded with a Constitution Scavenger Hunt, which earned some of the lucky participants gift cards to Chipotle.



## A short list of proposed constitutional amendments "that never left the halls of Congress"

from *The U.S. Constitution And Fascinating Facts About It*

- 1876** An attempt to abolish the U.S. Senate.
- 1876** The forbidding of religious leaders from occupying a governmental office or receiving federal funding.
- 1893** Renaming this nation the "United States of the Earth."
- 1893** Abolishing the U.S. Army and Navy.
- 1912** Making marriage between races illegal.
- 1914** Finding divorce to be illegal.
- 1916** All acts of war should be put to a national vote. Anyone voting yes would have to volunteer for service in the U.S. Army.
- 1933** An attempt to limit personal wealth to \$1 million.
- 1948** The right of American citizens to segregate themselves from others.
- 1971** American citizens should have the alienable right to an environment free of pollution.

Additionally, everyone in attendance received a complimentary pocket constitution that included fun facts and information about the U.S. Constitution, the Declaration of Independence, the Articles of Confederation and the Supreme Court.

Constitution Day, which is 17 September, is a national holiday established to celebrate the signing of the U.S. Constitution. This year marked the 227th anniversary of the signing of this

highly regarded document. Until 2004, this holiday was known as Citizenship Day. As a result of the enthusiasm of the late Senator Robert Byrd, the name was changed to Constitution Day. Senator Byrd described himself as a "defender of the Constitution." He even carried a pocket-sized copy of the Constitution in his pocket, often using it to educate his fellow congressmen on whether a topic was or was not constitutional. ♥



Rebecca Jones

### Paramedic Student Association

3 November, 3 - 4 p.m.  
1 December, 12 - 1 p.m.  
Viking Room, Life Center

### Student Ambassadors

Third Mondays, 12 - 1 p.m.  
Viking Room, Life Center  
For information on becoming a Student Ambassador, contact Rhonda Marroquin (marroquinr@grayson.edu)

### Men of Distinction

Every Thursday, 12 - 1 p.m.  
Viking Room, Life Center

### Honors College Club

Every Thursday  
12:15 - 1 p.m.  
Viking Room, Life Center

### DAAC (Drug & Alcohol Counseling)

First Mondays, 8:30 a.m.  
Health Science 202

### Cosmetology Club

First Mondays  
3:30 - 4:30 p.m.  
Career Tech Center

### Clay Club

Every Tuesday & Thursday  
5:30 - 6 p.m.  
Ceramic Room, Arts & Communications

### Phi Theta Kappa

Every Wednesday  
12:30 - 1 p.m. LA 207

### Psychology Club

Every Tuesday  
12:15 - 12:50 p.m. CIS 202

### Delta Phi Delta (Art)

First Wednesdays  
Time TBA  
Arts & Communications 105

### LAE (Criminal Justice)

Every Tuesday  
12:30 - 1:30 p.m.  
Location TBA

### Sigma Kappa Delta (English Honor Society) & Writers Unlimited

Second Fridays 12 - 1 p.m.  
Next meeting: 10 October  
Library 110 (Writing Center)

### Veteran Student Association

First Mondays  
Time TBA  
Veteran's Hub

### Welding Tech Association

First and third Mondays  
12 - 1 p.m.  
Break Room, Career Tech Center

### Cultural Diversity Club

First and third Fridays  
12 - 1 p.m.  
Conference Room, Life Center

### Radiology Tech Club

The 15th of each month  
5:30 - 7:30 p.m.  
HS 200

### Music Club

Every other Friday  
12 - 1 p.m.  
Next meeting: 10 October  
Band Hall, Arts & Communications

### Science Club

First Fridays, 12:30 p.m.  
S 107

### Gay Straight Alliance

Every Wednesday  
2:30 - 3:30 p.m. LA 110

### HALO (Hispanic-American Leadership Organization)

Every other Thursday  
12:20 p.m. Next meeting:  
9 October  
Dean's Conference Room,  
LA Building

### Future Educators

Every other Tuesday  
12:20 - 12:50 p.m. CIS 200  
Next Meeting: 7 October

### TIPPS (Culinary Arts)

First Wednesdays, 3 - 4 p.m.  
691 Restaurant, CA Building

### Eta Sigma Delta (Culinary Honors Society)

First Wednesdays, 2:30 - 3 p.m.  
CA Building

Grayson College:



## Just Doo It!

### A Breast Cancer Awareness Rally

**Tuesday, Oct. 21st, 11:30am-1pm,  
Commons Area**

Groups are invited to form a team, collect donations and wear PINK & 'doo rags'.

Let's turn the campus pink & make a difference in the lives of LOCAL women fighting Breast Cancer!

*The facts:*

**1 in 8 women will be diagnosed with Breast Cancer in their lifetime.**  
**95% of new cases occurred in women 40 years and older.**  
**There are more than 2.5 million Breast Cancer survivors in the US.**

Source: [American Cancer Society, Cancer Facts & Figures, 2012](#)

To register, contact Kay Dishner, dishnerk@grayson.edu, Lisa Hebert, lharris@grayson.edu, or Gretchen Huff, huffg@grayson.edu



NOTE: Funds raised in support of Women Rock are used to provide financial assistance for local women who cannot afford preventative screenings and do not qualify for government aid. The goal is to make sure every woman has the opportunity for a mammogram screening and a chance at early detection.

### "Moody Blues" review: cont. from A1

When the shrimp skewer appetizer arrived, enticingly presented on white 691 specialty china, Romero eagerly dug in, liberally dipping the shrimp into the side of "Twisted Chipotle" BBQ sauce and taking a big bite. Just as quickly, however, he grabbed his water glass. "It tastes good, though," he reassured me. "I'm just not into spicy."

The smoked "St. Louis Style" pork ribs with Memphis BBQ sauce were served with relish (onions, pickle and a jalapeño), fresh-ground creamy slaw, baked beans and Texas Toast. Opting to take a fork to the ribs rather than his fingers, Romero raved that the ribs "fall apart when I touch them and melt on my tongue. . . . They're moist and flavorful, not too spicy." Never having tasted coleslaw, he noted that it "tastes like carrots," the creamy dressing revealing a hint of onion but not too strong.

He found the baked beans to be "rich and flavorful."

When Davidson brought out his Elvis Cake, Romero immediately noted the hearts created in the cream that garnished the plate. "Was this for me?" he asked, turning to look at his girlfriend, Reed, surmising that she had been behind the special presentation of his dessert. Alas, he was informed by an amused Davidson that the hearts embellished all the customers' dessert plates that day, not just those with amorous ties to restaurant staff.

Still, Romero found the "many different flavors of the cake, especially pineapple and coconut, blended well together," and it had "just the right amount of icing, so it didn't drown it."

Although the restaurant was full, most of the patrons were members of the community and faculty. Romero, Davidson and Reed agreed that many Grayson



Marlea Trevino

A chef himself, Romero appreciated the finer details of the "Moody Blues" menu at Six-Ninety One.

students are not aware that the campus has such a restaurant and suggested more student-oriented advertising.

691 is located between the Viking dorm and the Grayson Police Department. Reservations are required for its Wednesday and Friday lunch seatings. Call 903-415-2605 or email Chef Joanna Bryant for reservations at Bryantj@grayson.edu. Include in your message the

number in your party and your desired reservation time. Seatings are every 15 minutes from 11:15 a.m. to 12:30 p.m. The restaurant accepts major credit cards as well as cash.

The meal costs \$10 (includes drink and choice of each: appetizer, entrée, and dessert). If you have special dietary restrictions, include this information when making a reservation. ♥

# Joe Urquizo visits GC to share his unique talent and outlook: *cont. from A1*

This started as a hobby, but as his talent developed, Joe started exhibiting his work in local banks and regional museums. He attended Vernon College and studied a variety of art mediums.

A resident of Crowell, Texas, Joe is inspired by his surroundings—often painting country and western scenes. He uses a variety of media, including watercolors and oils on canvas, to acrylic on tin.

Joe really enjoyed speaking with several students throughout the day about overcoming challenges, having goals and never giving up. Many Professors brought their entire classes

to the Student Life Center to visit with Joe and watch him paint by holding the paint brush with this mouth. One student in particular, a theater major, stayed behind after his class left and just sat in amazement, watching Joe paint for about 45 minutes.

Joe continues to enter his work in local and regional shows and is an active member of his community, coaching little league softball and basketball. In addition to many civic activities, he is an active member of the Western Trail Art Association and a Student Member in the Association of Mouth and Foot Painting Artists based out of Switzerland.

Joe regularly visits middle schools and high schools as a motivational speaker.

Leon Deutsch, the Director of Teaching and Learning, has known Joe for many years and states “Joe is a wonderful person. He is so inspirational to everyone that he meets. Joe never meets a stranger, and he has never let anything slow him down or hold him back.”

He may be contacted on Facebook or by phone or email to arrange speaking engagements.

Phone: (940) 839-9212

Home: (940) 684-1312

E-mail: [joeurquizo@yahoo.com](mailto:joeurquizo@yahoo.com) ♥



Rebecca Jones

Joe's niece, Michelle Urquizo, teaches Developmental Math at GC. She shared her immense pride with visiting classes.

## Leadership series hosts President/CEO of Texoma Health Foundation

Marc Akibode  
SGA Vice President

What are your goals as a Grayson student? If you want to be a leader, you have surely heard about the many stories of famous people who became successful with perpetual commitment. 22 September 2014 at 12:15 began the Leadership Series at Grayson College in the Liberal Arts (LA) building, room 101, hosted by Student Life.

The Leadership Series offer GC students the opportunity to meet interesting knowledgeable people who affect people by taking tremendous risks and facing daily challenges to serve our community. The Leadership Series are thirty minutes: a quality learning period from the experts who run businesses in the surrounding area.

As the first speaker of the Fall semester, Michelle Lemming, the Chief Executive Officer (CEO) and President of Texoma Health Foundation, offered to share her personal experience as a day-to-day student and her professional life. This founda-

tion supports the health and well-being of the people in Grayson, Fannin, Bryan and Marshall Counties.

Michelle Lemming grew up in Texas and then moved to Louisiana. After a brief presentation of her background as a teenage girl and a high school athlete, Lemming gave some valuable success teachings that need to be repeated over and over. First, College is not a productive experience if one has not set up their learning outcomes and visualized the opportunities and importance of an education.

Effective leaders take the time to learn from their mistakes and make the effort to always think positively until it becomes part of their personality. Once she knew who she wanted to become, she started to think, act, dress and behave as a public relations professional. She literally worked on her body language and mastered some critical aspects.

While in College, Lemming learned to believe in herself by repeating some strong statements that changed her life and helped her graduate with an aver-

age GPA of 4.0. As many successful leaders, she had her downfalls but recovered from them stronger. One of them was her frustration when she did not get the first job she applied for at a Casino in Louisiana.

Following her stories, many students and faculty asked some really interesting questions that deepened the discussion. Lemmings finally stressed three important keys in a leader's journey: leaders set goals, take risks and surround themselves with mentors and teachers. By teachers she clearly explained that everyone in our surrounding has something to teach us. Our big moves need to be confident; we have to make the difference between silence and weakness. After all struggles to achieve our goals, we must give back to our community. Volunteers are welcomed to help the Texoma Health Foundation in their continuous effort of providing well-being at [texomahealth.org](http://texomahealth.org).

The next Leadership Series events are scheduled on 27 October and 24 November at 12:15 in LA 101. ♥

## Person of interest: Head Chef Instructor Joanna Bryant

Leja Siv Harju  
Viking Staff

**How long have you been here at Grayson?**

**JOANNA BRYANT:** It's been four years now. I went to Denison High School, and then I went to business school in Boston... and then, finally, culinary school in San Francisco. I worked there for a while and then moved back.

**How did you get into the culinary arts?**

**JB:** My family had a coffee shop, and they served sandwiches and things, but I'd always cooked when I was younger—with my grandmother. After I finished business school, I worked in hotel sales and I was always missing cooking, and I really wanted to get back in the kitchen and do that. I decided to go back and get a culinary degree and work in kitchens. All of my experience with cooking is in fine dining and high-end catering; doing really big parties and weddings. But when my mom got diagnosed with early-onset Alzheimer's, at age 57, I wanted to come back to the area. It was kinda hard for me coming back, because I kinda thought

there wouldn't be anything for me to do here. Me, being from Denison... I was like, “There's no fine dining, and very little catering.” I worked in Dallas for almost a year before I came here [to Grayson].

**What sets the Grayson culinary program apart from others?**

**JB:** Our whole goal here is to give [our students] the same culinary degree that they can get in Dallas. At most of the schools, it costs about \$16,000, at least, for a two-year degree. And we give them the exact same degree with the exact same classes. And while you can make a lot of money cooking, most people cook not for the money, but because that's what they love to do. I mean, if you have \$16,000 worth of debt, and you're making [roughly] \$14.00 an hour, you may be paying that off for twenty, or thirty years!

**What does your teaching encompass?**

**JB:** We have Hospitality & Management, two certificates and a degree; and we have Culinary Arts, and for that there's a certificate and a degree. We're adding another certificate, though,

and we have more certificate students than degree students. This semester, we probably have about a hundred fifty students. It's really hard for me to find professors, because there are not very many people around in Grayson that have Culinary Arts degrees. I have three, and I was lucky to find three, and they all have full-time jobs at restaurants, and so they come here one day a week.

One thing reality TV has taught us (even though, of course, it's exaggerated for entertainment's sake) about the culinary world is that it can be relentlessly harsh, and you probably face a ton of criticism and unkindness from some of your clientele, and maybe even your superiors.

**How do you stay strong? Did you have a special person serve as a mentor?**

**JB:** I had a really good [mentor]. Basically, in most culinary programs, you have internships where you go work somewhere. I had a really good chef, Jeff Banker - who owns a restaurant in San Francisco. A good chef is kind of scary, so that you don't want to mess up, but not so much that you're go-

Where: **RUN WALK FOR YOUR LIVES**

**GRAYSON COLLEGE**

**Race Time: 6:00pm**

**First Annual 5K Run/Walk**

[www.getmeregistered.com](http://www.getmeregistered.com)

Costume Contest

RELAY FOR LIFE American Cancer Society

**OCTOBER 25th**

REGISTRATION

Grayson student member \$15 | Regular \$25 | After Oct 22 \$30

Contact: Brandy Fair  
903-463-8734  
fairb@grayson.edu

## GC offers DSLR photography class



m.fikie.com

“Photographing Your World” is a new photography class designed for users of digital single-lens reflex cameras. Offered by GC's Center for Workplace Learning, the class meets from 9 a.m. to noon on Saturdays from 4 October to 1 November in the center on GC's Main Campus in Denison. The cost is \$85.

Participants bring their own DSLR cameras to learn more about the camera and enhance their skills. DSLR cameras provide many options and a photographer's ability to control the camera enhances the outcome.

Students learn to shoot macros, landscapes, still life, moving objects and more and the course explores lenses, artificial and natural lighting, camera modes and the use of filters. Instruction also includes opportunities for field trips to practice various photography forms and techniques. In addition, the course covers vari-

ing to cry or anything like that. But he pushed you really hard and was good about trying to teach you new things. Every day he wanted you to do something you'd never done before. He would also take the whole kitchen [staff] to every farm that he got any produce from. We would go on these field trips, to teach us really neat things. He inspired me a lot. Other than that, I'm very self-motivated. Some people are motivated by money, or by the status, like getting their name in the newspaper... which honestly freaks me out; I don't like that! But I'm just motivated to do a better job and to help people.

Our student club does a lot of nonprofit events. We probably have about 85 members in our student

club, the TIPPS club. And we've also added a big service learning part to our students' grades and all of our kitchen classes this semester, and in every kitchen class they have to go do one service learning project. We just did two this past weekend - and all of them are helping in cooking - so [the student] is either cooking or serving [food]. We helped with Dancing with the Stars, for the Denison Service League's fundraiser. We also helped with the Starfish Benefit, which was for the Child and Family Guidance Center of Texoma. Before that, Four Rivers had a benefit that they were doing; Four Rivers is a [Christian] drug and alcohol rehab facility. They are very hard workers, very dedicated! They're go-getters. ♥

# GC Counseling and Advising Office Tips for a Successful Semester

**Regular class attendance is critical to college success!**

**Attend Class Regularly**

**Manage Your Time and GPA**

- A good rule of thumb for studying and homework is to double the number of credit hours that you are taking. For example, if you are enrolled in 12 credit hours, time spent studying outside of class is 24 hours.

- Students receiving financial aid must maintain a C grade average (a 2.0 GPA) and complete at least 67% of the courses that you enroll in to have satisfactory academic progress and keep your aid.

**Peer Tutoring:**  
Contact Jeffri Hodge for more information  
hodgej@grayson.edu

**Take Advantage of Free GC Resources**

**The Writing Center (Library 110)**  
writingcenter@grayson.edu

**The Math Hub (Success Center)**  
mathhub@grayson.edu

**Seek Assistance**

**Advising and Counseling Services**

- Academic Advising
- Career Planning
- Job Placement Services
- Personal Counseling

**Our Office Hours are:**  
M & Tue 8 am - 6 pm  
W - F 8 am - 4 pm

**We are located in the Administrative Services Building**

STUDENT SERVICE'S INFORMATION DESK

## GC students: are you losing sleep?

Connor Lenderman  
Student

What has this year consisted of for you? Maybe it has been fun filled, living up the ideal college social life. Maybe it consisted of trying to drop the freshman fifteen that you never thought you would gain. How about the all-nighters to study for your anatomy and physiology practical or forgetting to do your work that was due the next day?

Our daily lives are consuming us: some of us work, some have kids, some strive for academic excellence, but one piece is missing out of all of this: sleep. College students are enthusiastic about the arrival of summer and winter breaks each and every year. As the worry of college goes away, students are finally able to rest themselves and enjoy life, rather than force all-nighters to deal with extremely busy schedules.

Over the years, sleep has been proven to increase students' academic success and boost grades in all classes. The diversity of student ages here at Grayson cues other concerns that weigh on the minds of students. The range of ages is from recently graduated high school students to post-middle-aged individuals. Sometimes we can't get away from challenges of life, but sleep may help.

Hank Gorman, a cognitive psychologist and professor at Austin College, said that students need roughly nine hours of sleep a night and that sleep does help students in their academic performance. For many students, though, the only real time to study is at night. However, sleep does appear to help with academics, and even with busy schedules, rest is still needed.

Procrastination has infiltrated the habits of so many college students, and sleep is sacrificed because of it. Students are motivated to stay up all night to study because

they want to be successful but haven't made the time to study for the major assignment due the next day. Ideally, studying twenty minutes a day, the week leading up to the test and getting a full night's sleep will produce a better outcome.

Committing to adequate sleep is a perfect start for next semester. Grayson Anatomy and Physiology professor Brad Weart discussed how there has to be rest in order for the brain to recall information previously learned. Without rest or sleep, the brain cannot process this information properly like students hope it will. From this concept, you can see that rest may help you memorize and recall information needed for the next class period.

Cognitive functioning is complex, and even if the brain receives only short breaks to process the information, it's better than stressing your brain completely out for hours on end. Planning to work in short increments and taking breaks will greatly help with students' tendency to procrastinate and thus, will help students with academic success.

This late in the college school year, many students are wishing that they would have gotten additional hours of sleep compared to the late nights or even all-nighters to finish work not yet completed. Even so, college work and life are keeping students up all night long. This can be seen by Grayson's dorm supervisor, Becky McMann, who monitors the ninety Grayson dorm residents in the dorm halls every night and guarantees that someone is up at every single hour of the night.

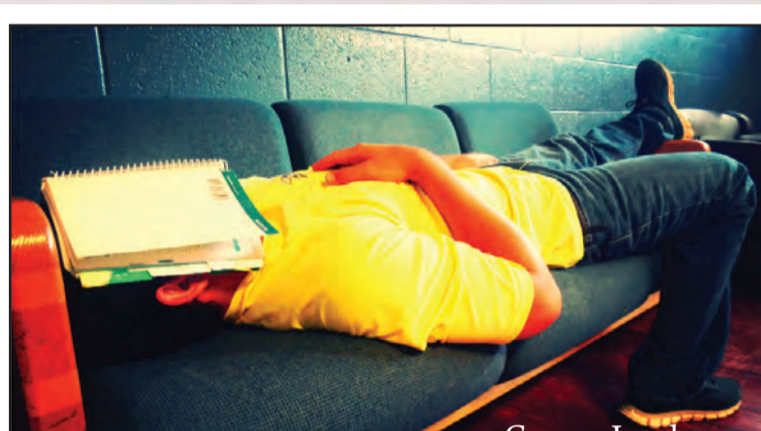
The life of a college student includes busy schedules and a social life. Life just never tends to stop. However, rest is needed, if not required, not only for academia but for your own physical health as well. Both students on

campus and off campus are struggling with when they are going to sleep. Brandon Stockton, a current Grayson dorm resident and theatre major, revealed that the average time he goes to sleep is around two in the morning! It's not important when or how you go to sleep, but how much sleep you're actually getting.

Some students think that five hours of sleep is enough to get them through a hectic college scheduled day. However, living day in and day out with five hours of sleep here and four hours of sleep there is not helping you become a better student. Another college student at Collin College, Jessica Ransom, estimated that most college students whom she knew got roughly five hours of sleep, give or take. The general eight hours of sleep that students are supposed to be getting is often pushed out of the picture and replaced with sometimes as low as none to three hours of sleep a night.

Ransom gets an average of eight hours of sleep each night with taking a full class schedule and a four-hour after-school program job. She said that sleep really helps her brain to remember and just have a break from her busy schedule with a full night's rest. For those who do push the limit on sleep, catching up is not easy to do on the party weekends or with a busy parent schedule. Students need more time than weekends to catch up on sleep, maybe a couple of months. . . maybe like another summer!

As college students, summer and winter are a get-away--from academic stress, maybe people that bug you every day, or maybe just a way to catch up on your sleep. As the current semester ends and a new semester begins, though, think about your options, and perhaps you can sacrifice something besides a good night's sleep. ♥



Connor Lenderman

College students need all the sleep they can get. If students sacrifice their sleep, however, they may also be giving up their ability to retain information.

## Sisters of Destiny

We are a women's support group through LIFE: (S.O.D)

- Leadership
- Inspiration
- Faith
- Encouragement

**Mission:** Sisters of Destiny seek opportunities of growth within themselves and their community. Growth is developed through education, self-enrichment, and service with helping hearts, hands, and minds.

**Meeting Times:** Every second and fourth Tuesday 12 - 1 a.m. in the Life Center Conference Room. At least once a month we will choose a service project to support the community as a group. At the end of the school year, members will receive certificates to validate their community service hours.

*We hope to see you soon!*

## Planning your transition from student to professional?

GC Career Services can help!  
(in the Advising area)

Assistance is available for:  
resume writing, cover letters,  
completing job applications,  
preparing for interviews,  
job leads & more.

Contact: Gretchen Huff, 903-415-2544 or huffg@grayson.edu.

Future



## Are you job searching?



Register for Grayson College's online job board at [www.collegecentral.com/grayson](http://www.collegecentral.com/grayson).

Students and alumni may view job postings from area employers. Remember to check it out frequently to view new opportunities!

Questions: Contact Gretchen Huff, Job Placement Specialist, [huffg@grayson.edu](mailto:huffg@grayson.edu) or 903-415-2544.

**Editorial Information:** The Viking is published by Writers Unlimited and Sigma Kappa Delta as an on-going service project to the college. Participation in the production of The Viking is open to all students, faculty and staff at Grayson College. The newspaper is provided as a forum for public opinion, and views expressed in The Viking do not necessarily reflect the policy of Sigma Kappa Delta, the Board of Trustees, the administration or the faculty and staff at Grayson College. Material for publication may be submitted to The Viking office (LA105E) or through email to Marlea Trevino (TrevinoM@grayson.edu) or Rebecca Jones (jonesre@grayson.edu). Volunteers for production and writing may also visit The Viking office.

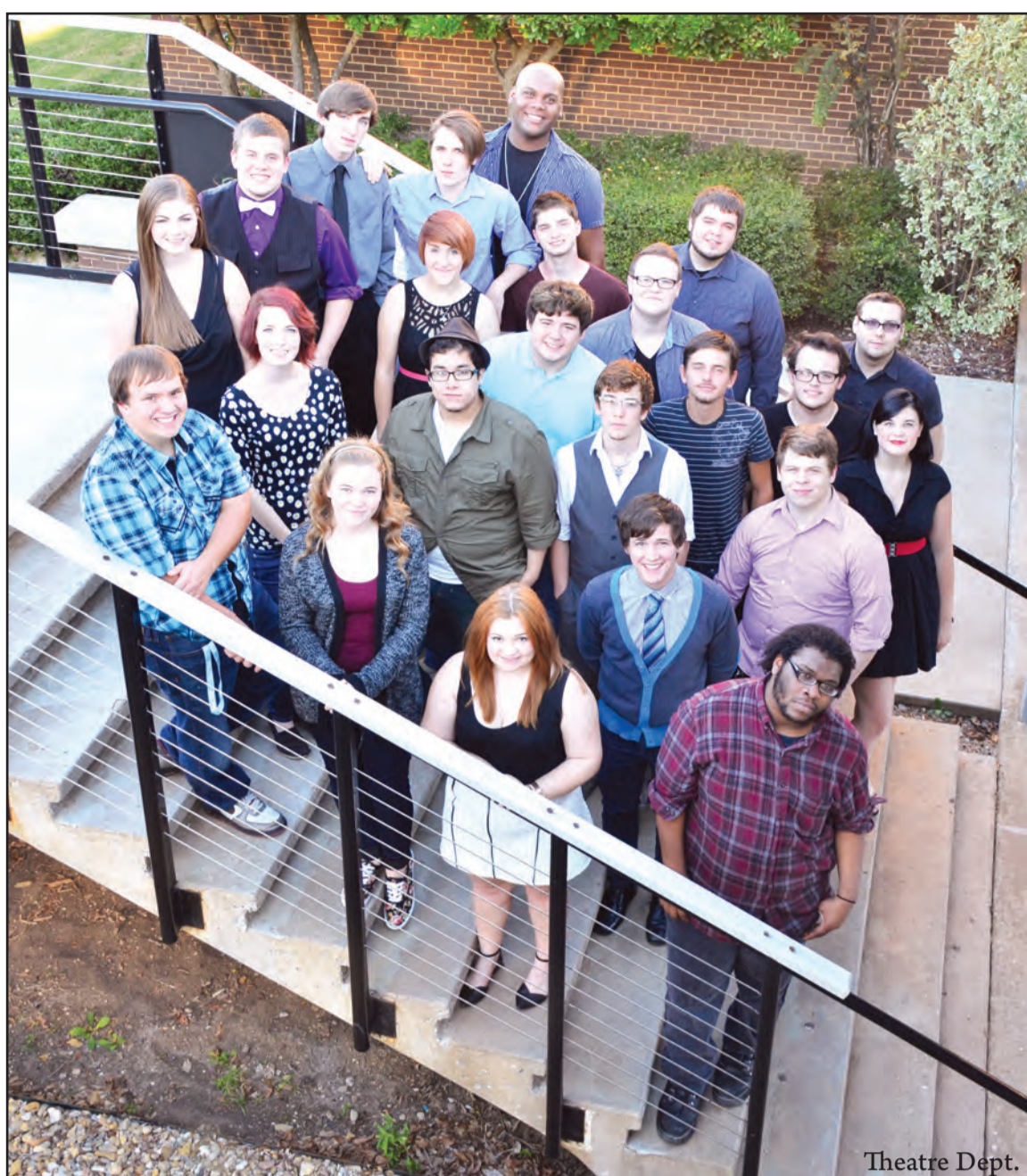
# Godspell at Cruce Stark 23-26 October

Robin Robinson  
Theatre Director

Watkins, Jorge Amador, Hunter McDaniel, Dustin Meadows, JT Medders and Kaitlyn Gaskill.

Jordan Moore, a sophomore theatre major, is the Stage Manager and Hunter Malone is the Assistant Stage Manager. Tommy Stowers serves as the Technical Director and Bryce Dansby is the Master Electrician. Robert Gildner along with Hunter McDaniel and other theatre majors have assisted Dansby in hanging and focusing the 150 lights for this production. Nick Ellis, Aaron May, AJ Johnston, Holden Webster, Hunter Malone and Kaitlyn Gaskill have assisted in the costume shop. Kaitlyn Gaskill along with Dustin Meadows, AJ Johnston and Holden Webster have choreographed most of the musical numbers. Forrest Harris is in charge of props and Chris Hendrik along with Krystina Burns will be in charge of sound and mics.

"This type of show is perfect for our department", stated Robin Robinson, Director. "It is a show which promotes ensemble and creates opportunity for high production values. It is also a great show for all audiences." Tenna Matthews is the Lighting Designer and will use Grayson's intelligent lighting as well as follow spots to help support the action. Thea Albert has designed costumes and scen-



Theatre Dept.

The entire cast and crew of *Godspell*, a musical with a large ensemble of characters.

ery. Pam Gauthier Hamer is the Music Director and David Tercero will work with the live band for the performances. Tatiana Bays will also be in the band along with music major Brad Roberts. Community member

Justin LeMaster will play percussion and Greg Tarvin will be on bass guitar.

Performances of *Godspell* will be 23 October at 10 a.m., 23-25 October at 7:30 p.m. and 26 October at 2:30 p.m. Currently there are ap-

proximately 600 area students booked to see the 23 October matinee. Tickets are \$5 or free with a Grayson I.D. For more information contact the Grayson Theatre department at 903-463-8609 or theatre@grayson.edu. ♥

## The Circle as a Metaphor art show in Second Floor Gallery promotes breast cancer awareness



Rebecca Jones

"% by Christian McGowan. *The Circle as a Metaphor* exhibit calls on artists to create art that incorporates the image of a circle(s) or references the circle(s) as a symbol for breast cancer awareness. The exhibit includes 45 works by 26 artists. Artists: Kalee Thompson, Mary Karam, Matthew Freeman, Deeya Bain, Mary Rixen, Arlene Cason, Dana Repetto, Marie D. Van Arsdale, Ilona Nogarr, Christian McGowan, Lynne Karam, John Pine, Joey Spindle, Shelley Tate Garner, Vivienne Pitts, Sarah Sparks Duncan, Donna Finch Adams, Brittany Gammon, Steve O. Black, Tresa Curtis, Nitia Musico, Eric Chance Mobbs, Loretha Ricles, Veronica Treadway, Jerome Noel & Taylor Hubbard. The reception will be held 25 October from 5:30-7 p.m.

## Dia de los Muertos ofrendas: cont. from A1

Drop off your "Ofrenda on Wheels" at the Peanut Gallery, 114 N. Houston in Denison, Thursday, 30 October between 4-6 p.m. The *ofrendas* (altars) may be worked on and displayed in the Peanut Gallery the evening of Friday, 31 October from 7:30-11 p.m. Make sure the offerings on your submission are secured (nailed, glued, etc).

The *ofrendas* will be on view at Heritage Park, located on the 300 block of Main Street in Denison, 1 November from 10 a.m. to 7 p.m. The altars/shrines on wheels will be part of the parade for the *Dia de los Muertos* on Main Street in Denison on Saturday, 1 November at 1 p.m. beginning at the 700 block of Main (across from Watson's Drive-In). After

the parade *ofrendas* are to be returned to Heritage Square where they may be picked up after 7 p.m. Please make arrangements to have someone push/pull your "Ofrenda on Wheels" for the parade.

In addition to the personal mementos, symbols of the four essential elements of nature are incorporated in the *ofrenda*: earth, wind, water and fire. Examples include:

- The **earth** may be represented by symbols and aromas of the harvest season. Clay bowls filled with corn are displayed. Bowls of fragrant fruits and squash are another important aspect when honoring the earth.

- **Wind** is evoked by the use of *papel picados* (artfully cut paper) fluttering freely in the breeze and as a table

decoration.

- **Water** is placed in an open container so the souls may quench their thirst after the long journey.

- **Fire** is symbolized by the ever-present burning candles that guide the soul home, and they are also representative of the soul themselves.

Elements nearly always present on the altar that carry particular significance include: food and drink, flowers, candles and incense.

The Grayson College Art Department, the Peanut Gallery and the Denison Arts Council (DAC) reserve the right to reject any work that is deemed unsuitable for the event or does not adhere to the theme. ♥



Joey Spindle

*Papel Pocado* "Perforated Paper" is a decorative craft made out of paper cut into elaborate designs. It is considered a Mexican Folk Art. They are displayed for both secular and religious purposes.

## Make a difference

Kay Dishner  
Writing Center  
Coordinator



"And above all things have fervent love toward others; for love shall cover the multitude of sins." (I Peter 4:8)

We live in a hurting world that is running fast to war and destruction. Most of us, and maybe all of us, know there has to be a way to stem the tide, lay hold of goodness and make the center hold. Some try to push away the fear of what is happening to our world by ignoring the pain we are in. We build homes and businesses, and then surround them with fences and alarms to keep the world at bay. But for most of us the realization dawns that the only way to stem the tide of pain and destruction is not insulation or isolation, but by doing whatever we can to stop the pain and destruction for our family, friends and neighbors. If we will take the step to make a difference right here for those around us, the tide will turn.

Never discount the power of one to make a difference. Decide today to do one thing to release the power of love and understanding into the life of someone and see the tide begin to turn. ♥

## GC Music Department Fall 2014 Concerts and Events

19 November • 7:30 p.m.  
Austin College  
Concert Band

25 November • 7 p.m.  
GC Music  
Department Concert

2 December • 7 p.m.  
GC Piano  
Department Recital

Cruce Stark Auditorium

# New OSHA course at South Campus

Lornna Bates  
OSHA Instructor

The Grayson College Fire Science students visited the Van Alstyne Fire Department Thursday, 11 September. Engineers Nick and Toby, as well as Firefighter Harlan shared valuable in-

formation and personal experience with the Fire Science class, a course offered in the new Occupational Safety and Health Technology program taught on the south campus of Grayson College.

The opportunity was educational as well as commem-

orative of 9/11. Students were able to learn from the firefighters' personal experiences, try on firefighting turnout gear and a hazardous materials suit, learn about the essential firefighting equipment, including the fire engine and question the firemen at the closing of the session.

"We are greatly appreciative of the Van Alstyne Fire Department for the hospitality extended to the Fire Science students," said Adjunct Professor Lornna Bates. "This was a wonderful opportunity for the students to learn from experienced firefighters. Nick, Toby and Harlan were fantastic." ♥



Lornna Bates

Student Amy Arrington and the rest of the Fire Science class at South Campus got to suit up in Hazmat gear.



Lornna Bates

The class spent the afternoon with Van Alstyne firefighters.

## STUDENT VETERAN ASSOCIATION

"Honoring Service and Empowering Warriors."

Meet Every Tuesday @ 12:00 PM  
In the Grayson College Veteran's Hub

♦ **Our mission:**

To serve and support our community, student Veterans and the student Veteran families attending Grayson College.

♦ **Criteria for Membership:**

Any Student or Faculty of Grayson College that is a Veteran, or related to a Veteran.



In the Student life center on the bridge  
6101 Grayson Dr, Denison, TX 75020



# September is National Suicide Prevention month

Russel Schnaare  
Office of Veterans Affairs

On 30 September, Grayson College had Jim Atkins, Suicide Prevention Coordinator, and Penny Poolaw, social worker, at the VA (Veterans Affairs) Sam Rayburn Memorial Veterans Center in Bonham, TX.

Atkins was promoting National Suicide Prevention month for the month of September. He visited Grayson College's staff and faculty and provided education about the history of the VA's suicide prevention program and training on signs and prevention of those considering suicide. After meeting with staff he toured the facilities and talked with stu-



Rebecca Jones

Suicide Prevention Coordinator Jim Atkins

Later that day, Atkins addressed the Grayson College Student Veteran Association. He raised awareness of the national suicide rates for veterans and mentioned

several programs that were specifically created to assist veterans in need. He stated that the VA has consistently improved treatment, outreach and communication to those at risk for suicide and after the attempt. Atkins also answered several questions from our student veterans about the VA, treatments and programs offered by the VA.

Some of the programs that were presented were the Bonham Domiciliary, which provides separate residence and rehabilitation care and the Veteran Crisis Line (at 1-800-273-8255). Since its launch, the hotline has received more than 1.25 million calls resulting in about 40,000 lives saved. ♥

## Personal responsibility: a student's perspective

Cole Stacener  
Student

Personal responsibility is the idea that human choose and cause their own actions. With that being said, it is easy to understand that we use personal responsibility in every scenario of our lives, like school, work and at home.

To me, responsibility at school is having the mindset to do your work, even when there may be a more fun event at the time. This is something I struggle with; it is hard for me to pick doing work over something that may be more fun. That is why responsibility is important; it tells us that we should be doing our school

work first. Responsibility is one of the most important things to have in school, it helps us make the right choices when they may not be the most fun choices.

Responsibility at work is what allows you to keep your job. If you cannot display responsibility in the workplace you will just be a burden because if you have no responsibility you will not get your projects done or have a good work ethic. If we have responsibility in the workplace it will help us to achieve goals, do what needs to be done and gain respect from our peers.

Personal responsibility at home is having the sense of mind to keep your home safe for your loved ones. If

you do not have responsibility at home it can hurt you and your loved ones mentally and physically. When we think of home we generally think of a nice warm place that we know we are safe in, but without responsibility at home it can become a place where nobody wants to be. It is hard on someone when they cannot feel "at home" in their own home. The physical aspect of home responsibility is keeping our homes clean and liveable. Responsibility helps us to do things that are in our best interest and the best interest of our loved ones. ♥

*Love History?*

The forthcoming History Club is looking for a Treasurer and new members!

The club is open to all. Field trips to museums, visits from guest speakers and reenactments are all on the agenda.

Contact Logan Beauchamp for more information:  
hav\_ocx@hotmail.com

*Join the Club!*

# Join the Movement



On behalf of the Student Government Association, the Science Club and *The Viking*, it is encouraged that all students, staff and faculty refrain from using the Styrofoam cups provided by the cafeteria at this time. While arrangements are being made to offer to-go cups made from environmentally sustainable materials, it is recommended that cafeteria patrons bring their own cups for refills.



*What does this have to do with me?*

It is difficult to perceive in day-to-day life, but environmental change is a reality we must all face. As part of the college's initiative to become more environmentally friendly, student organizations are standing together to stop unnecessary waste.

Styrofoam, categorized as Plastic #6, is not recyclable at facilities in this area. We must therefore cease our consumption of Styrofoam products if we hope to keep these hazardous materials out of landfills.

The Welding Technology Association invites you to

# MEET AT THE POND



Rebecca Jones

Join the pond improvement discussion:

Friday, 10 October at 1 p.m.



# The campus community weighs in: should GC transition to a non-smoking campus?



"I would [support the transition]. It's kind of almost a given because you're asking me, a breast cancer survivor, *do I worry about cancer?* And I do. The problem is second-hand and [thirdhand] smoke now have become dire...it's not just the smoker. I don't care if you smoke. But when you're smoking you're taking my right away to not have to breathe the smoke. I don't feel that the non-smokers would have to be infringed upon. There are so many colleges and universities now that have gone smoke free. It has not stopped people going to college because they cannot smoke on campus. As a matter of fact, I think it is one of our societal [duties] to help people...that are smoking to live longer lives." -Lisa Hebert, Librarian



"I wouldn't necessarily oppose a transition, but I think a transition would be a bad idea. First, you'll alienate 10-20% of the student body. Second, by putting an end to smoking all together, you will end up with people that do smoke *finding a way* to smoke, resulting in broke college students paying unnecessary fines. If the smoking areas were moved further away from the buildings, that would probably result in a lot less people being offended." -David Harman, student

"As much as I despise tobacco and smoking, I don't think I would go that far. It's totally a freedom of choice. I think people have the right to smoke as long as they can do it in a place that doesn't bother those of us who do not smoke. I thought it was great when [the college] said [people couldn't] smoke in the buildings...but in these little designated areas. It's real easy for people like me to just avoid those areas." -Mike Keck, Biology professor



"I wouldn't necessarily support it, but as long as smokers had their opinion voiced and they had a way to smoke somewhere...away from the campus, I would be perfectly fine with it. It is kind of gross to see cigarette butts everywhere. Even if there is a receptacle to throw them in, it doesn't always go there." -Logan Beauchamp, student

"I think smoking is incredibly detrimental to the body and is a stupid thing to do, but I think people ought to have the right to smoke, that should not be legislated out of their possibilities. So, I would not advocate a total non-smoking campus. I'm glad we don't smoke in the buildings. I'm glad we don't smoke outside the doors. But I think people should have the right to smoke, that should be one of the freedoms that they're allowed." -Stanley Henderson, Mathematics professor

ABOUT  
**44%**  
of the people surveyed said that they smoked



"I don't like the idea of the no-smoking rule. Prohibition didn't work for alcohol; you had your bootleggers and moonshiners. When you ban something it just makes people want it more. It's human nature. If you banned bubble gum, even people who don't ever chew gum would probably start chewing." -Angie, student

"I think having a non-smoking campus would be great because of all the people with asthma, but this is the real world so...I think we should make bigger designated smoking areas and enforce that people stay there and stop throwing their butts down all over the place. The worst part is all the butts everywhere. They're an eyesore for sure." -Diana Crutcher, student



"I would support the transition to a non-smoking campus. Becoming a non-smoking campus would be a step towards a healthier student body. Many smokers would feel highly inconvenienced by the transition, but this is a place of learning and self-betterment. Cigarettes shouldn't be a priority here. If Grayson made the transition to a non-smoking campus, I would feel like the institute truly cared for its students' well-being. I definitely wouldn't miss the smell of tobacco wafting from the designated smoking areas (as well as from smokers walking about the campus with trespassing cigarettes), nor would I miss the butts littering the ground." -Krishna Seely, student

"I think banning cigarette smoking would alienate over half the student body, so that wouldn't be a good move. I definitely would not like that myself...I smoke two packs a day!" -Laura Walker, student

Interested in writing, editing or photography? Contact Rebecca Jones (jonesre@grayson.edu) for more information

**JOIN THE VIKING**

Workshops in...  
...to his...  
...the...  
...together...



Want to get involved in an activity for the art community? Want to get your club members engaged? Join us on the following dates for giant puppet workshops to be held in AC105 in the Arts & Communications Center. The puppets will be part of the Denison's Main Street *Dia de los Muertos* Festival & Parade, Saturday, 1 November.

- Sunday, October 12, 2 - 5 p.m.
  - Thursday, October 16, 6:30 - 10 p.m.
  - Sunday, October 19, 2 - 5 p.m.
- Giant Puppet Workshop**

## "A Life Review": Legacy volunteer training program at Home Hospice of Grayson, Cooke & Fannin Co.

Barb Samuelson  
Volunteer Coordinator,  
Home Hospice

Home Hospice of Grayson, Cooke & Fannin Counties is offering a training workshop for persons interested in volunteering for its Legacy program. "A life review is a very important psychological task, particularly at end-of-life. The Legacy program allows the patient to reflect upon his/her life, to acknowledge triumphs and failures, to find order and meaning and then to move on to share the most important and precious parts of their life with their family by creating their very own family heirloom of legacy and heritage," says Barb Samuelson, Volunteer Coordinator.

The Legacy Program allows the hospice patients to tell their life stories to a volunteer who will then write and print the stories in a book format. Volunteers feel honored to be a part of such a worthy project. Ryan Stone, Home Hospice Legacy Volunteer, explains, "It is truly a privilege to hear and write the patients' unique

and amazing stories in the Legacy Project. To have the ability to provide this special gift for the patients is an awesome and fulfilling experience."

Samuelson states that there is a growing need for volunteers for this program, in all of the counties that Home Hospice serves. Sherry Little, Executive Director of Home Hospice agrees, adding, "Frequently, a patient wishes to tell their story, to provide this legacy to their loved ones—even as our staff recognizes that their time is extremely short—there may only be days in which they could be expected to be able to share their life with a trained volunteer for this purpose. It requires a sizable number of trained Legacy volunteers to be able to effectively meet these needs on short and emergent notice, but what a gift it is when we can."

A free three-part training session will be presented by Barb Samuelson. Trainees will learn interview and writing techniques, editing and revision, as well as basic Home Hospice philosophy of care. The training is

scheduled for 9, 13 and 16 October, from 6:00 p.m. to 8:00 p.m. and will be located at the Home Hospice office in Sherman located at 505 W. Center St.

Registration by 2 October 2014 is requested so that adequate materials may be provided. To register, or for more information, please contact Barb Samuelson at 903.868.9315 or send an email to barb.samuelson@homehospice.org

Home Hospice of Grayson, Cooke & Fannin County is this area's only non-profit hospice provider, founded in 1982, and dedicated to providing physical, emotional, and spiritual care at the end-of-life for patients, their families, and caregivers regardless of ability to pay, as well as to offer comfort to all in the community who are grieving. Just because days are limited, quality of life shouldn't be. We ask that volunteers be a minimum of one year out from any loss experience of an immediate family member or loved one on service with Home Hospice. This allows time to heal. ♥

**Dia de los Muertos 3**  
FESTIVAL & FALL ART WALK 2014

FESTIVAL & WALK  
SATURDAY, Nov. 1  
10 AM ~ 7 PM

**RAKU RUMBLE**  
SATURDAY, NOV. 1  
1 PM ~ 5 PM

Denison ART and Cultural District

www.smalltownBIGART.com

A pre-Dia de los Muertos Festival procession and party will be held Friday evening, 31 October at the Peanut Gallery off Main Street in Denison. For more information or if you want to sign up for the workshops contact Steve Black at blackst@grayson.edu or 903.463.8662.

## Peer Tutoring is located in the Testing Center (SC 115)

Tutors are trained and CRLA certified

Tutoring is scheduled by appointment. Sessions are one hour per week.

Tutoring Center hours:  
M-Tr: 8 AM - 8 PM  
F: 8 AM - 4 PM

To request a tutor come by or contact Jeffri Johnson Hodge at hodgej@grayson.edu.



**SGA** Meetings held on the first Monday of each month

student government association  
"Students Leading Students"

Student club and organization members are invited as well as all students. SGA is the voice of students at GC.  
12:15 - 12:45 p.m.  
Viking Room

# Austin College professor Peter Anderson publishes new novel: *The Unspeakable*

Rebecca Jones  
Editor

“What is the difference between a poem and a bouquet of flowers?” he asked the class. Many of us stared blankly at each other and the floor. It wasn’t until he

began to read in his characteristic deep and impassioned tone that I really felt and understood the distinction. A poem is not necessarily pretty. It can be harsh, jarring, penetrating, and utterly unforgettable. We were studying the literature

of South Africa under apartheid, a thoroughly decisive period in my professor Peter Anderson’s life and work.

On Saturday, 21 September, Anderson, Anglophone Afrikaner and Associate Professor of English at Austin College, read the first chapter of his newly released novel, *The Unspeakable*, to a group at Abell Library on the AC campus. A work of fiction set in 1980s South Africa (“the era of so-called reformist apartheid”), *The Unspeakable* is a powerfully engaging narrative of inner conflict and complicity.

The story begins at home. A young boy named Rian, whom we will follow throughout the book, is exposed to the brutal racism of his father—baggage, if you will, that he will carry for the rest of his life. The action in this narrative takes place many years later: Rian is working as a cameraman, accompanying Professor Digby Bamford as he discusses his discovery of an ancient human skull that he believes provides proof of human origins in South Africa.

Bamford’s young lover, Vicky, and Rian’s sound technician, an African township youth named Bucs, complete the party. Rian finds himself emotionally entangled in his past with Vicky, his former

fiancée; flashbacks reveal both their disastrous separation and more of Rian’s violent upbringing.

Anderson says that the story is not autobiographical. “I’m afraid there is no direct match between the events in Rian’s life and mine. The emotions driving the action are another matter. I have in my own life felt every emotion inscribed into *The Unspeakable*.”

As a young man, Anderson was conscripted into the South African Defense Force but refused to fight for apartheid. He has since dedicated himself to writing and education. To date he has published creative nonfiction, short stories and a collection of poetry called *Vanishing Ground*.

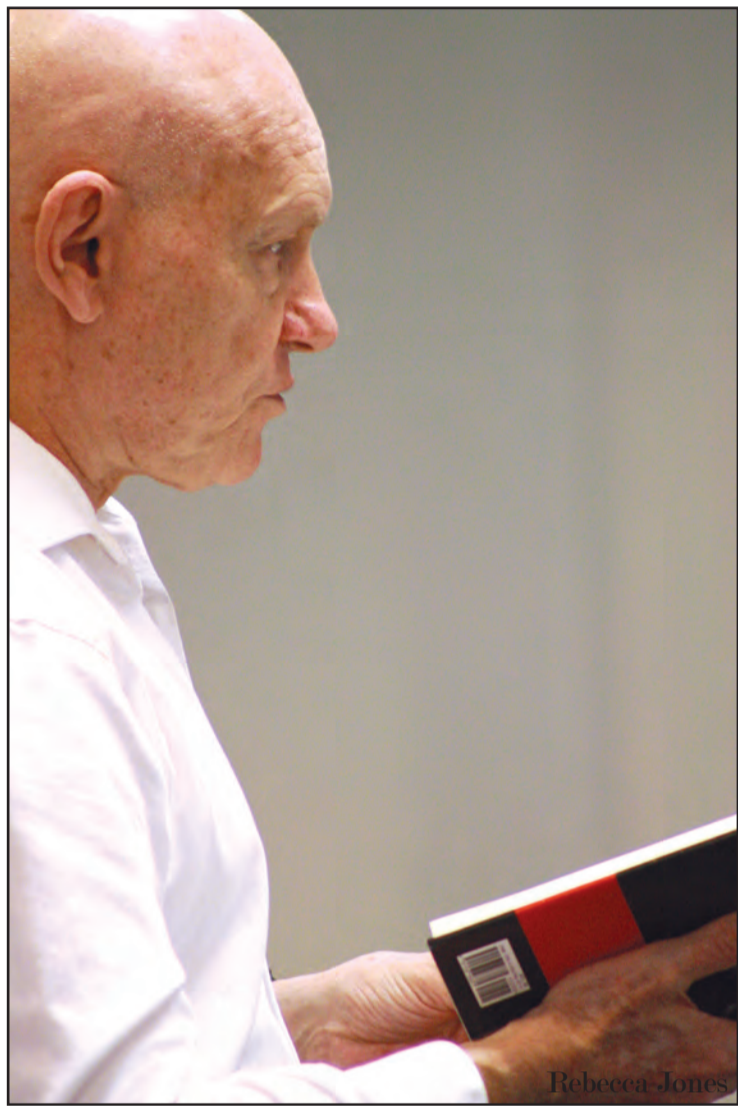
*The Unspeakable* is intentionally unsettling and at times quite graphic. Of his own level of comfort on the matter, Anderson responded only that “[he] would have compromised his integrity if [he] had written in any other way.” *The Unspeakable*, unlike many other literary works of the era, endeavors to fully expose the ferocity of apartheid, a “racist crime against humanity.” Anderson’s novel mirrors the intense and unimaginable violence of the apartheid regime in the mind of Rian, an individual struggling against

prescribed discrimination and misdirected hatred.

The book’s seemingly un-



Rebecca Jones



Rebecca Jones

Anderson helped found the creative writing program at Austin College and is involved in student publications. *The Unspeakable* is his first published novel.

apologetic and masculinist tone is at heart an expression of Anderson’s weariness of facile optimism. “[T]his is not Jane Austen,” Anderson said definitively. “*The Unspeakable* is more like the part—the massively significant part—that Jane Austen leaves out of Mansfield Park: the brutal realities of imperialist colonialism upon which the pleasures of genteel liberal culture were (and in many ways still are) floated.”

*The Unspeakable* was released 21 September on Amazon and in stores. Anderson will visit Grayson College in November (during International Week) to discuss his country, its history and his brilliant work. ♥



STUDENT LIFE & THE STUDENT GOVERNMENT ASSOCIATION PRESENT

# HALL-O-FEST

30 OCTOBER, 11 - 1 P.M.  
UNDER THE BRIDGE

PUMPKIN DECORATING  
OR CARVING CONTEST

ENTRY DEADLINE: 30 October, 9 a.m.

# COSTUME CONTEST

# ROCKY HORROR PICTURE SHOW

FILM SCREENING AND GIVEAWAY

6 P.M.  
IRMA  
BLACKBURN