

#### GC to offer Tibetan Ayurveda Yoga spring 2015

Maria Silén Yoga Instructor

Here comes a new chance for you to learn this unique Yoga form. The class meets Tuesday and Thursdays, January 20 - May 12 at 12:30-1:45 p.m.

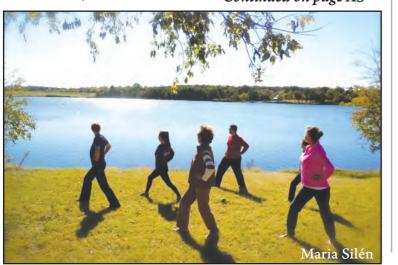
You can register through CWL; call Lauren Hummert at 903-463-8731 or e-mail lhummert@cwlgcc.org for more information. You will invest \$119 for your health and wellbeing. If you want to receive a grade you register through GC Admission & Advising. You can also check my Facebook page and website, Serene Harvest

- Art of QiGong, Meditation & Yoga, for pictures and information.

Ayurveda means the wisdom of the natural state, the wise way to health. Ayurveda strengthens what is positive, good and beneficial for us. It removes and dissolves negative obstructions in thought, speech, and conduct. Ayur means, "long healthy life." Veda means, "wisdom." Tibetan Yoga is the con-

fluence of centuries of ancient Indian, Chinese and Tibetan practices. It is a complete practice cycle and is sufficient to achieve and maintain body-mind fitness.

Continued on page A3



### Theatre Department wins awards

Robin Robinson Theatre Director

The GC Theatre Department performed ART 21-23 November not only for audiences, but also for two Region 6 Committee members of the Kennedy Center American College Theatre Congratulations Festival. are in order for these students as well as the production as a whole.

To begin, the GC production of ART itself has been nominated to be considered to perform at the region

Festival held at Angelo State University in February. The department will be notified in late December regarding whether this show will be chosen along with the other shows nominated in the sixstate region. This is a huge honor for Grayson to be considered alongside universities and other two year colleges.

The respondents were very complimentary regarding our show.

Continued on page B1



Gabe Parker, Dakkota Foster and Holden Webster

National Communication

Association conference • A3

#### GC early childhood program receives national accreditation

Shelle Cassell Marketing Director

Grayson College's Associate of Applied Sciences Child Development Degree Program recently received national accreditation from the National Association for the Education of Young Children. GC is one of only five institutions in the nation-and the only one in Texas-to garner the achievement this year from

NAEYC's Commission on

Grayson College's accreditation brings NAEYC's total accredited programs to 162 in 31 states since the association launched the accreditation process in 2006. To earn accreditation, programs participate in a selfstudy process, collect and submit data and reports and undergo a site visit by a team of peer reviewers.

Continued on page A3



Transitioning from

soldier to student • B2

Early Childhood Associate Degree Accreditation.

# Paramedic Student <u>Association</u> 1 December 12:00 - 1:00 p.m. Viking Room, Life Center

Student Ambassadors
Third Mondays, 12 -1 p.m.
Viking Room, Life Center
For information on becoming a Student Ambassador,
contact Rhonda Marroquin
(marroquinr@grayson.edu)

Men of Distinction

Every Thursday, 12 - 1 p.m.

Viking Room, Life Center

Honors College Club
Every Thursday
12:15 - 1:00 p.m.
Viking Room, Life Center

DAAC (Drug & Alcohol Counseling) First Mondays, 8:30 a.m. Health Science 202

Cosmetology Club First Mondays 3:30 - 4:30 p.m. Career Tech Center

Clay Club
Every Tuesday & Thursday
5:30 - 6:00 p.m.
Ceramic Room, Arts &
Communications

Phi Theta Kappa Every Wednesday 12:30 - 1:00 p.m. LA 207

Psychology Club Every Tuesday 12:15 - 12:50 p.m. CIS 202

Delta Phi Delta (Art)
First Tuesdays
12:15 - 12:45 p.m.
Arts & Comunications 105

LAE (Criminal Justice)
Every Tuesday
12:30 - 1:30 p.m.
Location TBA

Sigma Kappa Delta (English Honor Society) & Writers Unlimited Second Fridays, 12 - 1 p.m. Library 110 (Writing Center)

Veteran Student
<u>Association</u>
First Mondays
Time TBA
Veteran's Hub

Welding Tech
Association
First and third Mondays
12 - 1 p.m.
Break Room, Career Tech
Center

Cultural Diversity Club First and third Fridays 12:00 - 1:00 p.m. Conference Room, Life Center

Radiology Tech Club The 15th of each month 5:30 - 7:30 p.m. HS 200

Music Club
Every other Friday
12:00 - 1:00 p.m.
Band Hall, Arts &
Communications

Science Club First Fridays, 12:30 p.m. Next Meeting: 5 December

S 107

Gay Straight Alliance Every Wednesday

2:30 - 3:30 p.m. LA 110

HALO (Hispanic-American Leadership Organization)

Every other Thursday
12:20 p.m.
Dean's Conference Room,
LA Building

Future Educators Every other Tuesday 12:20 - 12:50 p.m. CIS 200 Next Meeting: 4 November

TIPPS (Culinary Arts)
First Wednesdays, 3 - 4 p.m.
691 Restaurant, CA Building

Eta Sigma Delta (Culinary Honors Society)
First Wednesdays, 2:30-3 p.m.
CA Building

#### GC honored at Texas Workforce conference

Press Release Workforce Solutions Texoma

Grayson College was honored at the Texas Workforce Commission's (TWC) 18th Annual Texas Workforce Conference held 19-21 November in Grapevine.

The College received a Partnership Award in recognition of its "work with employers and workers to meet the demands of a global economy by aligning skills with current and future workforce needs." Specifically, Grayson College was recognized for its partnership with the workforce system through Skills Development Fund Grants, Skills for Small Business, College Credit for Heroes, Adult Education and Literacy and the Industry Intern (I2) Program.

Skills Development Fund Grants are awarded to lothrough companies Community Colleges in order to provide training to workers. Grayson College has been very successful at working with local companies to secure these grants for the region. In a recent twelve month period the college was awarded five such grants. Skills for Small Business is an extension of the Skills Development Fund program that provides training grants to companies with 100 or fewer workers.



Grayson College Trustee; Andres Alcantar, Texas Workforce Chair and Commissioner Representing the Public; Dr. Jeremy McMillen, President, Grayson College; Bob Rhoden, Workforce Solutions Texoma; Hope Andrade Texas Workforce Commissioner Representing Employers; Dr. Kimberly Teel, Dean, Grayson College South Campus; Ronny Congleton, Commissioner Representing Labor; Jennifer Morse, Grayson College; and Kate Corder, Grayson College.

The College Credit for Heroes program allows community colleges to help US Veterans receive accelerated degrees by giving them credit for training they received while in the military. Grayson College helps Veterans receive accelerated credit for machining; industrial machinery mechanic; welding; and heating, ventilation and air conditioning (HVAC).

Grayson College has operated the local Adult Education programs for several years. The Texas Workforce Commission recently became the State Agency in charge of those programs, and Grayson College is the local Adult Education and Literacy grant recipient.

The Industry Intern (I2) Program is a partnership between the College, Denison Development Alliance, Denison Education Foundation, Denison Independent School District, Workforce Solutions Texoma and several Denison-area industry partners. Paid internships provide a scholarship for industrial maintenance certification training, as well as a paid job with one of the manufacturing partners. Manufacturing partners include Champion Cooler, Ruiz Foods, Caterpillar, Texoma Industrial Insulation, ACS Manufacturing, Kwikset and Denison Indus-

Jeremy McMillen, Presi-

dent of Grayson College, received the award on behalf of the college and remarked, "I am very proud of this recognition. This symbolizes that Grayson College and the area businesses, school districts and economic development entities are all working together to strengthen our community. I'm sincerely grateful for the Texas Workforce Commission's investment in building our community".

Janie Bates, Executive Director of Workforce Solutions Texoma, said, "We are thrilled to see Grayson College receive this honor. We have enjoyed a long and successful partnership. Through the years, Grayson College has supported the Workforce and Economic Development efforts of the region and has helped countless students receive the education needed for successful careers. It's nice to see their hard work recognized."

The Partnership Award 'highlights the important work of community colleges and other entities integral to providing a skilled workforce" and is given in two categories: Large/Urban, which was given to El Centro College in Dallas, and Small/Rural.

# Database Programming and Reporting in SQL

Deena White Computer Science Instructor

In the spring of 2015 Grayson College will offer ITSE2309.081, a new course in Database Programming and Reporting using SQL. SQL stands for Structured Query Language, and it is a very powerful and diverse language used to create and query databases.

Databases are used in businesses, retail, health care facilities, web sites, education and many other endeavors that require the collection and analysis of data. You do not have to be a computer programmer to query databases with SQL; anyone who needs to produce reports and statistics from a database can learn and use SQL.

The class will be held on Thursday evenings at 6pm and taught by Mr. Robert Massey. For more information please contact Deena White at deenawhite@grayson.edu.



#### Counseling and Advising Office raises money for SPCA





The "SantaPaws" tree set up by the Counseling and Advising Office at GC

Dear Santa, Please bring us one of the following items or donate a dollar or more to purchase a bone to hang on our tree. Dog: food, toys, collars/harnesses, leashes, medication (heartworm, flea, etc.), dog crates, doghouse(s) Cat: food, Litter, Toys, Carriers/Crates, Medication (heartworm, flea, etc.) Horse and Donkey:

saddles, bridles, shoes,

medicine •

blankets, reins, hay/feed,

#### WINTER BREAK LIBRARY HOURS



Sun. 12/7 1pm - 8pm

Моп 12/8 7:30ам - 9рм

Тие. 12/9 7:30ам - 9рм

Wed. 12/10 7:30AM - 9PM

Thr. 12/11 7:30ам - 8рм

Dec. 22 - 26 9AM - 1PM Closed Christmas Day

CLUSED CHRISTMAS DAY

Dec. 29 - Jan. 29AM - 1PM
CLOSED NEW YEARS DAY



The pond project currently awaits approval by the college's Executive Council. For more information, visit the Grayson Welding Club's Facebook page.

# GC represented at National Communication Association conference in Chicago, IL

Brandy Fair Honors College Coordinator

On 20 November, Brandy Fair and David Tercero traveled to the "windy city" of Chicago to present at the 100th annual National Com-Association munication conference. NCA serves the scholars, teachers and practitioners at universities and community colleges across the nation by enabling and supporting their professional interests in research and teaching.

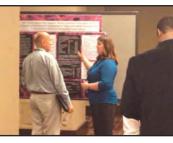
The National Communication Association advances communication as the discipline that studies all forms, modes, media and consequences of communication through humanistic, social scientific and aesthetic inquiry. Dedicated to fostering and promoting free and ethical communication, NCA promotes the widespread appreciation of the importance of communication in public and private life,

the application of competent communication to improve the quality of human life and relationships and the use of knowledge about communication to solve human problems.

First, Fair presented her research entitled "Hot Topics versus Free Speech: What's Important in the Classroom? An Experimental Research Assessment of Today's Students Perceived Hot Topics and the Effects Persuasive Presentations." The presentation was part of a scholar-to-scholar session which is an interactive presentation format where participants display their work using creative posters, digital slides and other media with the goal of engaging conversation with other scholars in attendance.

Fair's research looked at the perspectives of both students and professors concerning what speech topics (if any) should not be used, why students believed instructors eliminated certain topics from being used, and the impact on grades when assigning students to complete a persuasive assignment using a "hot" topic.

Later at the conference, Fair and Tercero presented at a Great Ideas For Teaching Students (GIFTS) session where professors can come learn about different ideas for instruction in a wide variety of classroom contexts. The session is a "speed dating" format where attendees rotate tables every eight minutes and leave with new teaching ideas that can be used immediately. Fair and Tercero's concept, entitled Bringing New Light to the Johari Window: Using a Historical Theory in the Present to Branch across Disciplines, looked at how a cross-disciplinary approach could help students better engage with course content. Dr. Tercero incorporated music into explaining the Johari window which is a





Brandy Fair and David Tercero

communication concept examining our knowledge of ourselves, our willingness to share information with others, and what others know about us that we have yet to

Overall it was an amazing experience to be part of the 100th annual National Communication Association conference and to represent Grayson College on a national stage.

**tion:** The Viking is published by Writers Unlimited and Sigma Kappa Delta as an ongoing service project to the college. Participation in the produc-tion of The Viking is open to all students, faculty and staff at Grayson College. The newspaper is provided as a forum for public opinion, and views expressed in The Viking do not necessarily reflect the policy of Sigma Kappa Delta, the Board of Trustees, the administration or the faculty and staff College. at Grayson Material for publication may be submitted to The Viking office (LA105E) or through email to Marlea Trevino (TrevinoM@grayson.edu) or Rebecca Jones (jonesre@grayson.edu). Volunteers for production and writing may also visit The Viking office.

**Editorial** 

Informa-

### GUs early childhood program gains national accreditation

Continued from page B4

The entire process typically takes two years to complete. "Grayson College is doing its part to ensure that highly trained teachers will be ready for the children and families in our community," said Jeremy McMillen, GC "Accreditation president. not only establishes professional preparation standards to raise the quality of teacher education, but consequently raises the quality of early childhood education

programs like Grayson's. We hope those interested in serving young children will look to Grayson College for the very best in education and training."

Students completing this credential are already employed by or are ready for employment in professional child care centers and can transfer to universities to complete a bachelor's de-

GC remains accredited for seven years before completing a renewal process. To earn and retain accreditation, faculty must demonstrate that they collectively respond to their stakeholdprovide intentional learning experiences for their students to obtain the knowledge and skills needed to be effective early childhood educators and continuously assess and reflect on their students' performance.

"Grayson College and the other accredited programs have demonstrated their commitment to continuous quality improvement, transparency and public accountability at a critical time when there is increased demand for more early educators with the competencies needed to support young children and their families," said Marica Cox Mitchell, NAEYC's director of higher education accreditation and program support.

NAEYC is the professional organization that sets national standards for

programs that prepare early childhood teachers of children from birth to age eight. Founded in 1926, the association has nearly 80,000 members worldwide. NAEYC is the largest advocate for early care and education in the United States.

For more information about Grayson College's AAS Child Development Degree Program, visit the college's website at www. grayson.edu.

### Ayurveda Yoga offered in the spring

Continued from page B4

It includes self-massage and acupressure, postures, stretching, dynamic movement, breath-work, gestures, mantra recitation, progressive relaxation, and meditative contemplation, to center the practitioner and align body, energy, and mind. Tibetan Yoga hones the practitioner's faculties and supports the manifesta-

tion of natural perfection.

fitness level is required. There is no competition, no striving, and no ultimate

goal to be attained. All can derive benefit from these practices.

health, Maria Silén, Founder: Serene Harvest - Art of QiGong, Meditation & Yoga Visit: www.sereneharvest.

wordpress.com / Phone: 903 436 0569

Maria has been teaching Yoga classes and private sessions since 2003 at various places in Grayson County, such as at local gyms, karate schools, wellness centers and most lately at the CWL at GC *in addition to yoga studios in* No previous experience or McKinney and Dallas Meditation Center. Each year Maria visits Sweden where she also is teaching classes, workshops and private sessions in both Yoga and QiGong.

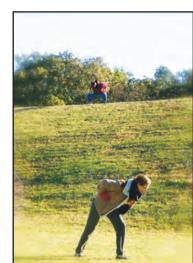
In the beginning of Ma-Much joy and radiant ria's Yoga teaching career she

was teaching Western Hatha Yoga. Later she began to study under Linage holder Tashi Nyima of Dallas and to become an instructor," she learned the Tibetan Ayurve- comments, adding "you can da Yoga form. She has since been teaching this form that is now offered at Grayson College.

Maria is thrilled to be able to share her passion and knowledge with students and employees at Grayson College and the public in the community. The different kinds of modalities and forms are helping, supporting and harmonizing Maria's own personal life, so now after almost 20 years of daily practice it is part of her life and life style. "These kinds of exercises are

just too good and beneficial not been shared with others and that was why I decided always modify them to the time you have, where you are and your needs for the moment."

Yoga (and QiGong) enhance the immune system, help us to stay physically fit and healthy while they free us of self-doubts and fears that interfere with our peace of mind. More importantly, they unfold their capacity to manifest self-knowledge and strength towards self-care, radiant health and live a fuller life. 🛡





# Should GC install on campus?

A survey of 80 students, staff and faculty performed by the Future Educators club reveals:

of participants agreed that an ATM should be installed

though

of those surveyed said they would have no use for an ATM

The results are in: an astonishing 95% of students, staff and faculty surveyed by the Future Educators Club agreed that the GC campus needed an ATM for purchases in the library, bookstore, vending machines and at campus events. 16.25% of those surveyed said an ATM would be of no use to them. Could the cost of such a service be recuperated by student use? The college administration will decide.

### Fear the reaper: student debt services raise suspicion

Office of Financial Aid

According to *U.S. News* and World Report, "Student loan consolidation companies are kicking up their efforts to target struggling borrowers." The report maintains that there are promises of student loan forgiveness, lower interest rates and lower monthly payments plastered all over Facebook, prime-time commercials and radio spots. There are more than \$1 trillion in outstanding student loan debt in the United States. It seems that some companies are also targeting borrowers who are having a hard time paying their student debt directly through the mail, uncannily having accurate information regarding how much the borrow owes.

Grayson College suggests that before a borrower discusses consolidation of debt with a non-governmental agency, they should go directly to the Federal Student Aid site located at www.studentaid.ed.gov.

This site can answer most questions regarding repaying their student loan(s). Just some of the topics include: understanding repayment, repayment options, consolidations options, deferment/

PROUD SPONSOR of

forgiveness, forbearance, cancellation, discharge, understanding default and how to resolve issues.

GC's Office of Financial Aid is also a reliable resource to learn about information on student loan servicers, and the different options available for repayment. For more information contact their office at 903-463-8794 or by email at financialaid@ grayson.edu to make an appointment with a counselor.

For more on the article go to: http://www.usnews.com/ news/articles/2014/11/14/ student-loan-consolidationcottage-industry-growswith-targeted-ads. ♥

#### **Got Food?**

Sadly, not everyone is able to answer "yes" to this question. In Texas, the food insecurity rate is 18%, which is the third highest

Our Phi Theta Kappa Chapter wants to help combat food insecurity on campus by opening a food pantry for Grayson

#### We Need Your Help!

Please bring your nonperishable food items to the second floor of the Life Center on Wednesday, December 3 from 11AM to 1PM. We will be using all donations to help directly the students on this campus who are facing issues with food insecurity. We are accepting all nonperishable food items and are hoping to have a fully stocked pantry for this holiday season.



need us to pick up a large

Professor Mary Linder Office: LA 106F Phone: 903.463.8616

#### Federal Student Aid

Prepare for College

Types of Aid

# It's never too late

Charles Leslie Enrollment Advisor

I am an enrollment advisor and I see many different age groups of students. When a nontraditional student comes in, as I begin to talk to them I'm always trying to reduce their fear and anxiety of coming back to school. A nontraditional student is one who did not come to college right out of high school. They may have started a job or a family right out of high school.

The makeup of our student population is: 16% are under 18; 44% are 18-24; 35% are 25-49 and 5% are 50 or older. This fall 2014 25 of this group (50 and older) are FTIC, or first time in college. (Thank you Debbie Smarr for the data!)

Sharon Dray, who is 64 college before. Sharon was an administrator for 30 years at a motorcycle road-racing company and got laid off. She wanted to do something different and start a new career; she decided to get an



Enrollment Advisor Charles Leslie meets students from all walks of life

AAS in CADD, Computer Aided Drafting and Design. Sharon told me, "You can't stop. You got to keep going. Your circumstances do not define who you are; it just defines where you're at."

As I spoke with her about the program and the reyears of age, is a student that quirements, Sharon was very I had the opportunity to ad- positive and open to learn vise. She has never been in the steps to apply. I told her that she had to take the TSI test (the college placement test). She had no hesitation; she just wanted to know when she could take the test. Sharon passed all but math (Elementary Algebra and

Functions; Intermediate Algebra and Functions; Geometry and Measurement; and Data Analysis, Statistics and Probability).

I've seen high school students and thirty year old students not pass either! But Sharon was placed in three hours of remedial math because of her high placement. She is in the fasttrack, eight-week class. I've checked on her, she is doing well, passing math, and will start her CADD Classes in spring 2015. You see, it's never too late! ♥

# PTK service projects

Correspondence from *Mary Linder, PTK Advisor:* 

"First, we are working on a food drive. We are collecting non-perishable food items to help us establish a food pantry on our campus. If we are able to sustain our food pantry for six months, we can then apply to the North Texas Food Bank to be a recognized food pantry and receive food items from them.

This is a huge undertaking, but one that we feel is important. Food insecurity is a very real issue that many of our students face, which is just one more barrier to their success. We want to help remove this barrier. We are holding our collection day on Wednesday, 3 December from 11 a.m. to 1 p.m. on the second floor of the Life Center. Please consider donating to this cause.

"Our other project is our annual Toys for Tots campaign. We have placed boxes in the Administra-

tion Building, LA Building, Library and in the Veterans Hub in the Life Center. Please consider donating a new, unwrapped toy and dropping it off in one of our collection boxes. Boxes will remain available through 11 December. In true Phi Theta Kappa fashion, our officers have entered a Toys for Tots collection competition with the Phi Theta Kappa Chapter at Weatherford College to see which chapter can collect the most toys.

Help us demonstrate Grayson College's commitment to service by donating to this drive and helping us to spread the word. We are a community drop-off location so anyone in the community can contribute to our toy drive.

Thanks again for your continued support of our students in Phi Theta Kappa and their service projects. If you have any questions, please do not hesitate to ask.



#### CHANGE OF OFFICE HOURS December 15th - 19th Life Center 8AM - 4PM Fitness Center **6AM - 6PM**

### **Bookstore**

#### December 2014

| Sunday | Monday       | Tuesday      | Wednesday    | Thursday    | Friday       | Saturday |
|--------|--------------|--------------|--------------|-------------|--------------|----------|
|        | 1            | 2            | 3            | 4           | 5            | 6        |
|        | 8 AM – 6 PM  | 8 AM - 6 PM  | 8 AM - 6 PM  | 8 AM – 6 PM | 10 AM – 3 PM | CLOSED   |
| 7      | 8            | 9            | 10           | 11          | 12           | 13       |
| CLOSED | 8 AM – 6 PM  | 8 AM - 6 PM  | 8 AM – 6 PM  | 8 AM – 6 PM | 10 AM – 3 PM | CLOSED   |
| 14     | 15           | 16           | 17           | 18          | 19           | 20       |
| CLOSED | 8 AM – 6 PM  | 8 AM - 6 PM  | 8 AM - 6 PM  | 8 AM – 6 PM | 10 AM – 3 PM | CLOSED   |
| 21     | 22           | 23           | 24           | 25          | 26           | 27       |
| CLOSED | 10 AM – 2 PM | 10 AM – 2 PM | 10 AM – 2 PM | CLOSED      | CLOSED       | CLOSED   |
| 28     | 29           | 30           | 31           |             |              |          |
| CLOSED | 10 AM – 2 PM | 10 AM – 2 PM | 10 AM – 2 PM |             |              |          |
|        |              |              |              |             |              |          |

#### January 2015

| Sunday       | Monday      | Tuesday     | Wednesday   | Thursday    | Friday       | Saturday    |
|--------------|-------------|-------------|-------------|-------------|--------------|-------------|
|              |             |             |             | 1           | 2            | 3           |
|              |             |             |             | CLOSED      | CLOSED       | CLOSED      |
| 4            | 5           | 6           | 7           | 8           | 9            | 10          |
| CLOSED       | 8 AM – 6 PM | 10 AM – 3 PM | CLOSED      |
| 11           | 12          | 13          | 14          | 15          | 16           | 17          |
| CLOSED       | 8 AM – 6 PM | 10 AM – 3 PM | 9 AM – 4 PM |
| 18           | 19          | 20          | 21          | 22          | 23           | 24          |
| 10 AM – 3 PM | CLOSED      | 8 AM – 7 PM | 8 AM – 7 PM | 8 AM – 7 PM | 8 AM – 6 PM  | CLOSED      |
| 25           | 26          | 27          | 28          | 29          | 30           | 31          |
| CLOSED       | 8 AM – 6 PM | 10 AM – 3 PM |             |



Marlea Trevino Viking Sponsor

On 13 November, GC was presented with two Petrof grand pianos, made possible through the generosity of Roger Sanders, Thelma Braun & the Bocklett Family Foundation and The Oliver Dewey Mayor Foundation. Grayson is the second college in the nation to have such instruments from the Czech Republic. Full-time Grayson piano instructor and accompanist Tatiana Bays played on pianos like these throughout her training in Ukraine. According to Grayson Director of Music David Tercero, with the addition of the Petrofs, Grayson's "level of pianos, facilities, and instruction is now on par if not ahead of any other program in the state."

Early in his first semester as interim program director, Tercero determined that

Grayson should make it a priority to upgrade its pianos, especially in view of the fact that many of its homeschooled students had studied piano seriously for years before enrolling at Grayson. When the Arts and Communications building was constructed, there were no instruments allotted for the music department. As a consequence, Grayson students have been playing on a "hodgepodge" of pianos.

ing piano purchases, Tercero invited one of the top piano companies, Steinway, to the campus to determine whether Grayson could qualify as a candidate for an "all-Steinway" school, for which the music facilities would have to meet certain standards, such as having no leaks in the roof, appropriate safety provisions in place and appropriate sound capabilities. Steinway appraised

As he began research-

Grayson's existing 13 pianos at \$3,250 total (from \$0-\$750), with only one in "good" condition. According to Grayson Grant Writer Janis Thompson, during a recent audit of the 10 pianos used for instruction at Grayson, 2 no longer function and 7 are in poor condition. If Grayson wishes to attract serious music students, it must invest in pia-

After hearing the Petrofs played during a piano research trip, when compared Steinways, Yamahas, Baldwins, and many others, Bays and Tercero were convinced that the Petrofs would be the superior instruments for Grayson's program. Tercero confirmed his inclination by talking with the head of the piano department at Eastern Kentucky University, whose program had purchased 7 Petrofs in 2011, and learned that they were very pleased with the instruments' performance. Through the dealer Eastern Kentucky had used, Tercero was able to secure a discount on two grand Petrof pianos.

The 5-foot Petrof baby grand is valued at approximately \$40,000, and the 9-foot grand at \$112,000, making it the "largest single purchase the music department will make over the next 60 years," according to Tercero. Shipping costs added to the purchase price, as did a "dampp chaser," which creates a cloud of humidity around the piano to maintain a consistent level of moisture. When the Arts and Communications building was constructed, it included a room for a 9-foot grand piano and will be used in the Cruce Stark Auditorium.

Continued on page B4

#### **ART** earns awards

Continued from page A1

In addition to the production itself, individual students were also acknowledged with the prestigious "Meritorious Achievement Award" for their participation. This award was given to Dakkota Foster for "Acting," to Chris Hendrik for "Sound Composition and Design" and to Bryce Dansby for "Lighting Design." This award represents an artist who has "gone beyond the call of duty and achieved excellence." The Meritorious Achieve-

ment Award is frequently only given to one, at the most two, individuals from a specific production. Often time there is no MA award given. Therefore this is a tremendous honor to have three of our students be acknowledged in this way. The design students, along with the Stage Manager AJ Johnston will compete as individuals at the Region Fes-

Finally, the three actors in ART were also awarded the "Irene Ryan Nomination" for excellence in acting. Dakkota Foster, Gabe Parker

and Holden Webster will compete with acting partners at the Region Festival.

Pia Wyatt from Northwestern State University in Louisiana and Fabrice Conte from the University of Oklahoma were the Committee members who gave these awards and they also gave a response/critique to the GC theatre company following Sunday's show. The GC Theatre department appreciates their time and comments about the show. It was an educational event, which is part of the mission of the Kennedy Center American College Theatre Festival, and our students learned a lot from these two theatre artists.



nos. "Four-year universities have become more selective in the recruitment of music students, focusing primarily on those students who have had access to the best equipment for instruction, practice and performance," says Thompson. MALE AND FEMALE MODELS NEEDED FOR 2015 LIFE DRAWING CLASS Class meets Tuesday and Thursdays, weekly, 9:30am to 12:20pm, AC 118 Call for four (4) models, two females and two males. Two shifts scheduled for each class; 9:30 a.m. to 10:45 a.m. and 11 a.m. to 12:15 p.m. Models will alternate

# Contact Information Professor Steve O. Black Office: AC108C Office phone#: (903) 463-8662 E-Mail: blackst @grayson.edu

with each other. \$20 per hour. No experience needed. Models will be posing

in the nude. Sessions begin Thursday, January 22.

# view from the top

Dean of Academic Instruction

Tony Stanzo

This was a week extremes for me. I won the GC pingpong tourna-

ment and lost the Plano Table Tennis Club tournament. Lost tacularly, I should say, because it could very well be that I was the worst player there. Although I won two matches out of four, both of them by only two points, I lost to a 12-year-old girl and an 11-year-old boy. I had played in this tournament five times in the past and this was the first time I ever won a match. In the last tournament I won my very

first single game. If ever there's a case of

tom, this has gotta be it.

clawing one's way to the bot-

So how do I reconcile these two events and their seemingly contradictory re-

sults? And what does it feel like to lose to a 12-year-old girl? I've been playing table tennis seriously for over 12

years now, longer than this girl has been alive. She didn't just beat me, she decimated me--won three straight games with roughly twice as many points as I scored.

I started playing as a (ahem) mature adult, far beyond those halcyon days of youth where we are as malleable as soft clay. My bones are more brittle, my joints more calcified (sometimes painfully so), my reflexes more tentative and, sadly, my brain more inflexible. And my technique is contaminated by years of garage

pingpong. The kids at this

club all have coaches and many of them have Olympic aspirations. Ninety-five percent of their time with the sport is spent drilling forehand and backhand shots. They are bundles of pure technique. I, on the other hand, have enough technique to beat most garage players but not nearly enough to compete with these kids. So how does it feel to lose

to the young girl? Exhilarating! She is standing on my shoulders that much closer to the top just as I'm standing on the shoulders of the ones I beat. Each of us has a place in supporting the pyramid that places one person as the Olympic champion. Without all of us, thepyramid collapses. The view is breathtaking from up here.

## The benefits of living in a digital society

Christina Francis Student

Digital connections today have evolved the way we communicate immensely. In the pre-Internet days, people would have to communicate mostly through faceto-face conversation letters, or on the telephone. Today, we have the luxury of the Internet, where meetings can be held through a computer screen and cultures worldwide can be shared in an instant. Communicating is easier than it has ever been with today's technology. From helping people spread the word about their business to simply connecting with their loved ones online, digital communication has been a major influence on today's generation.

reached a new level with the creation of the Internet. As discussed in one of her speeches, Sherry Turkle says technology is redefining human connection. Digital connectivity plays a large role in the lives of people who lack the time to spend with others. For example, a person who is highly devoted to their job may spend endless hours working to complete their job in the most efficient manner possible. This leaves them working so much that it leaves little time to go visit with their family or friends. Technology today allows such a person to be able to see and talk to them within minutes over a phone or computer screen. Now, that person can continue to do their job while

Human connectivity has also not missing out on socializing with people.

> Boosting a company's sales, the Internet adds on to another way to purchase or advertise clothes, food, or even electronics. Stores and advertisements online reel customers in to want to buy their products. The items can also be purchased online which provide the luxury of being able to be in the comfort of one's home while shopping. Shopping online boosts sales tremendously and helps out people when they can't find the item they are looking for at one of their local stores. People have different ways of wanting to do things. While one may prefer shopping physically in person, others may choose the option of online shopping which is always

available.

As some choose to shop online, others choose to do research. One could research for hours, discovering new things constantly. Yes, the Internet can be addictive for many people, but if people learn self-control and set limitations for themselves, the Internet is bound to extend our mind's knowledge

and be a positive impact on us more than a negative. According to Steven Pinker in "Mind Over Mass Media," "Yes, the constant arrival of information packets can be distracting or addictive, especially to people with attention deficit disorder. But distraction is not a new phe-

#### Making the transition from warrior to student

Charles B. Crocker MSgt, USAF (RET) Veterans Benefits Adviser

Last month, Mr. Crocker told The Viking about his own rocky start in higher education and gave a few tips for veterans trying to make the transition. These included 1) figuring out what you want to do, 2) learning and understanding your benefits and 3) communicating efficiently.

4. You are your own best advocate. We in the Veterans Affairs office are here to help you get through school. Unfortunately, we do not know what you do not know. In other words, if you have a question or need help, please do not be afraid to ask. Let us know what you need, what we can do to help

We can put you into contact with just about any service that you may need. We to us. Also take some time to with any questions or concan help you to understand check out the Veterans Hub cerns. what benefits you may be in the Student Life Center.

use them. We want you to be as successful as possible, and the best way to do that is to let us know how we can

5. Relax! Many veterans are moving from the world they understand and feel comfortable in, into a whole new lifestyle and environment they haven't been a part of since high school. While going to college can be stressful, it doesn't have to keep you up at night.

You will likely experience some culture shock. This is especially true if you just got out of the military and were recently deployed. Keep in mind, a lot of our students are straight out of high school and many of them have no experience with the military outside of video games and movies. Show them that veterans are people too, and they don't need to be afraid of talking

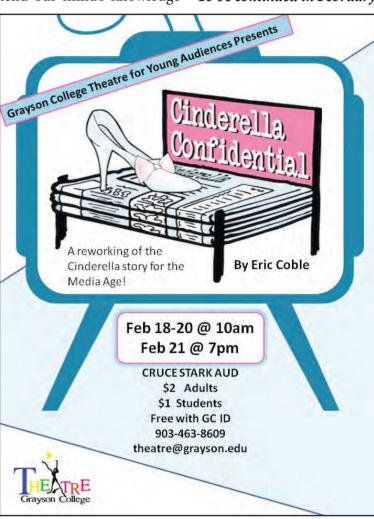
Continued from November

set aside for our veterans and dependents to relax and study. It is a great place to meet and interact with other veterans, away from the general student populace.

6. Finally, follow up with your advisor after each semester. Check to see what classes you still need to complete your degree and to make sure you're still on track. Don't wait for the day before the semester starts to register for classes, do it as soon as possible to make sure you get what you need. If you need to change classes or get into a new degree plan we can make that happen.

We sincerely hope that you find this information helpful and we look forward to helping each and every veteran to reach your academic goals. Please feel free to contact Grayson College Veterans Affairs at (903)415-2615 or veterans@grayson.edu

nomenon." To be continued in February



Are you free to rehearse Thursday - Sunday from 6 - 10 p.m. (22 Jan - 18 Feb)? Will you be free to rehearse tech weekend 13 - 15 Feb? Are you available to perform 18-20 February matinees during the day with curtain at 10 a.m.? 21 Feb at 7 p.m.? If yes, then come audition!

Questions? Call 903-463-8609/e-mail theatre@grayson.edu

#### eligible for and how best to The Hub is a special place Cosmetology holds "Princess Day," accepts charitable donations





The GC Cosmetology Deptartment, in support of local food pantries and toy drives in our area, held a "Princess Day" on 8 November 2014. Twenty-five cosmetology students, along with instructors, worked with 89 young ladies, ages four to twelve, to assist them in becoming "princesses" for a day. This also included a photo of each princess for them to have as a memento of their day. Donations for the food pantries and toy drives were collected with seven large boxes of food items and one large box of toys obtained for our area. Thanks to all who participated and used their skills and generosity to make this a huge success. - Shellie Gaskins, Student

# SIX NINE IY-() GC'S STUDENT-RUN RESTAURANT

Reservations for Wednesday and Friday lunch service:

903.415.2605



## Criminal Justice club fares well at Region II conference

Ressa Smith

Criminal Justice Club President

On Thursday, 6 November 2014, GC students Halona Todd and I traveled to Denton, Texas, to attend the ACJA Region II Regional Conference. We represented the Criminal Justice Club Lambda Chi chapter. At this conference we competed in several different events. These events were firearms, physical agility, crime scene and five written exams.

The regional competition began on the morning of Friday 7 November with firearms and physical agility. Todd stood by as I competed in the physical agility



Ressa Smith and Halona Todd

to not give up and to finish. I finished the course with a time of 5:13, and that is with a one minute penalty for passing on the wall.

After completing this event, we traveled back to course; she cheered me on Best West Premier Crown

Hotel, where the rest of the events were being held, to complete the five written tests in the subjects of LAE knowledge, police management, criminal law, juvenile justice and corrections. After the tests were finished it was a free time night.

Saturday was the crime scene competition. Each team of three was set to their turns at a specific time. Halona and I, along with our third team member from the Arkansas chapter, Sonny Ganaway, were scheduled from 1 p.m. We couldn't thank him enough for stepping in and helping us out. After we finished the crime scene there was a business meeting followed by a banquet. The Region II President, Dave Redford, got up and said a few things. Then he began reading off the winners for each level and event. We were classified on the lower class level of competition. They began with

physical agility. First it was the female age group, 18 to 25. Next it was 26 to 35, my age bracket, where I brought home first place.

Next they announced the crime scene for our division. We received second place in that event. When we heard them call our group, Halona and I were in shock. After this, they went on to the written exams. Halona received second in juvenile justice and third in criminal law. I received third in police management.

It was great meeting new friends and being able to compete in events representing Grayson College. We are looking forward to Nationals in March. ♥

#### Spring softball preview

Rachel Morgan Student

With the fall season now ended, we gathered all of our recorded stats to see what we have to work with for conference in spring. Some of our stats include our record standing at 10-4-1 total. Our offense came up a little shy at some points but rounded up about 60 runs earned during those 15 games. Our pitchers stood tall on the mound and led the defense behind them earning 36 strikeouts, endless pop ups and groundouts. On the bases, we produced 23 walks, 79 singles, 15 doubles, 3 triples, 4 home runs and 17 hit by pitches.

Not too shabby, but we need to at least plan to aim for double that for conference. Our coaches and team decided to come up with weekly goals in order to get closer to the ultimate goal of leading our conference and having a team GPA of a 3.0. Some of these goals include, "hold me accountable to hitting 3 times a week outside of practice." - Logan Pennartz, Marlee Boyd and Jocelyn Ward. Another was to "study an extra 30 minutes more than regular."- Chel- team this spring. ♥

sea Whitlock. Most of our goals are attainable, but some of the long-term ones are to beat our conferencestanding champions such as McLennan Junior College.

Some of our plans consist of Christmas break workouts, and practice plans to make sure we are still on our game and do not get caught slipping when season comes. Our coaches really believe we are going to excel this upcoming season compared to previous ones. As a team, we want to work as hard as possible to prove to our coaches that we want it just as badly as they do.

Some of our practices will change to challenge us and will probably consist of a lot more mental drills. The game is 90% mental and 10% physical so there is a need for a mental challenge to prepare us. With our goals, practice plans and support, we should be more than ready for spring.

After Christmas break of course, it will be difficult to bounce back from all of the food and hanging out, but a real team has the mental capability to make that happen, and that will be us. Come out and support the

### Do you like being outdoors, appreciate everything green, or want to make our campus eco-friendlier?

The Science Club is joining with the TIPPS/Culinary Arts Club to enhance the gardens around the Culinary Arts building. The project will begin the week after finals and carry on throughout the spring semester. There will be vegetables, fruits, and herbs along with some edible flowers. Volunteers are currently needed. No gardening experience necessary, just bring enthusiasm and don't be afraid to get a little dirty! The project will be discussed in further detail at the next Science Club meeting, first Friday of the month at 12:30 p.m. in room 107 of the Science Building.



#### Finding our way to success

Kay Dishner Writing Center Coordinator



The road to success takes different turns for each of us, but there are three basic steps to accomplishing success at any point of our lives. These include time management, goal setting and work ethic. Rightly applied, these basic steps can serve as the criteria for success in any of our endeavors, as well as a way to keep check and control on the road to the success we are seeking.

No one ever sets out to fail at what they are attempting, but if we do not plan to succeed, then we will fail for lack of a plan. Someone once said, "a man without a plan is powerless," and the

follow this meeting.

powerlessness will stop our forward motion on the road to success. So, it becomes essential to begin to take control of our future by using our time wisely, setting goals to accomplish responsibilities and focusing time and attention in a work ethic that will enable the accomplishment of our goals.

First of all, is there a plan operating in your life? Are there goals you have set to accomplish? Are you working the plan to accomplish your goals? And finally, are you managing your time to insure cognition and execution of your plans and dreams? Maybe it is time for a "success check-up" to eval-

and the hours we are keeping are a reflection of the tomorrow we will be living, everyone owes it to themselves to check into their life on a regular basis to evaluate the outcomes of our endeavors. So how are you managing your time? Is it a matter of fighting the clock every day, trying to get it all done, or have you given in to the idea that failure is acceptable so you can forget it? We all have the same 24 hours a day breakdown and use to accomplish all that we want and need to do. By dividing time into the increments necessary to accomplish daily goals and responsibilities, we free ourselves from

To be continued in February

#### uate the forward movement the tyranny of the urgent. of our plans and goals. Since the life we are living Theatre Department Information Meeting Tuesday, Jan 20 at 6:30pm **Black Box Theatre inside Arts & Communication Center** All Welcome! We will discuss auditions, productions for Spring 2015, and much more. Auditions for Cinderella Confidential will

**Grayson College Office** 

#### **CHRISTMAS TREE Decorating Contest**

JUDGING STARTS

**DECEMBER** 

10ам - 12рм

**Student Life** 

**Culinary Arts** 

**Financial Aid** 

Top 3 finishers will

**CWL** 

**Participating Offices:** 

Library

**Arts & Humanities** 

**Admissions & Records** 

**Veterans Affairs** 

**Electrical Technology (South Campus)** 

**Business & Computer Technology** 

Come check out our **Christmas** Trees



#### Spring 2015 Honors Courses

COURSE TITLE

CHEM-1412 .HRS 14/2S GEN CHEM 2 HONORS

CHEM-2425 .HRS 14/2S ORGANIC CHEM 2 HONOR

COSC-1301 .HRS 14/2S COMPUTER SCI HONORS

DRAM-1310 .HRS 14/2S INTRO THEATRE HONORS

ENGL-1302 .HRS 14/2S COMPOSITION 2 HONORS

GEOL-1403 .HRS 14/2S PHY GEOLOGY HONORS

GOVT-2306 .HRS 14/2S TEXAS GOVT HONORS

HIST-1302 .HRS 14/2S US HISTORY 2 HONORS HIST-2322 .HRS 14/2S WORLD CIVIL 2 HONORS

MATH-2413 .HRS 14/2S CALCULUS 1 HONORS

MUSI-2312 .HRS 14/2S MUSIC THEORY 4 HONOR PSYC-2301 .HRS 14/2S GENERAL PSYCH HONORS

SPCH-1321 .HRS 14/2S BUS & PROF COM HONOR

#### International Week

Continued from page A1

The week rounded out Thursday, 20 November with International Day upstairs in the Student Life Center. Tables representing the various diverse cultures of GC students lined the floor. Students from Burundi, Gabon, Cameroon, Benin, Vietnam, Venezuela, Ukraine, Columbia, Mexico, Burma, Bangladesh, India, South Korea, Laos, Togo and Mauritania manned booths, showing examples of traditional dress, currency and even food in their home

countries. Students from the Montessori school were escorted from table to table to learn about each culture.

At noon, a special dance presentation from the Austin College dance team KangaRaas wowed the crowd with a spectacular performance. The team then reached out to the children to teach them a few moves. Empty Bowls, a charitable event hosted by the Clay Club and Culinary Arts, coincided with International Day and contributed to the large crowd that gathered.





# Photo of the Month



This photo, taken by student Gokul Maniventhan, represents an osmosis simulation experiment conducted in a Grayson College classroom.

### Petrof pianos invigorate Grayson's music program

Continued from page B1

The 5-foot will be housed in the band hall and used in the Auditorium, the Black Box Theater, and the atrium. Piano trucks will allow the pianos to be moved where needed.

Prior to this purchase, Grayson was limited as to which artists it could bring in for concerts. Now, with the Petrofs, Grayson owns instruments that "no one

else has," giving its program a high-quality presence, unique for a two-year school, according to Tercero. The Denison Performing Arts Piano Competition that Grayson hosts annually will now have concert-quality instruments to use, and Grayson can offer state-wide community college competitions.



#### International student adjusts to life in America found it hard keeping up

Hassan Saleem Student

When Sasha Nadeem started the process of applying to schools in the United States, she never thought about whether America would be a welcoming place for a young Muslim student. She had read articles that talked about the diverse America and the melting pot in America. She had fore each prayer. conversations with friends who were already studying at American institutions; such as Southern Methodist University they reassured her that there was nothing for her to worry about language and cultural barriers. Jack Wilson told her some American students do not welcome Muslim students studying here and ignore them. This is an example of being prejudiced in America, but prejudice occurs all over the world. It is the same in Pakistan towards

Muslims are very different from Christians. Like Jews, Muslims are not supposed to eat pork and can only eat Halal meat. Halal meat is meat slaughtered or prepared in the manner specified by Islamic law. Muslims do not drink alcohol at all. They also pray five times a day between sunrise and late evening and must be cleaned and showered be-

If you are studying in the States right now, look around and see if your campus is warm and welcoming to Muslim students. Is there an Islamic center or a mosque? How about even just a small prayer room? Does your cafeteria know that Muslims do not eat pork? How many special dishes for Muslims do they make for every meal? Let me help you by mentioning some food that contains pork: pepperoni pizza, sausage, hot dogs, ham.

verse country, but not everywhere. Small towns are not as diverse as the big cities. There is no Islamic center in Denison; there is only a small mosque that is far from campus. There is not any place for Halal food in the city. Grayson College Cafeteria does not have food that caters to the Muslim eating palate. Nadeem's friend Wilson can easily eat any food in the cafeteria.

Grayson was very welcoming to Nadeem as a Muslim student. Staff and students were delightful and sympathetic. Grayson had only two Muslims on the faculty and three Muslim students at the time she started last semester. So even though students were very nice to her, it was also very hard to adjust to this new environment. Grayson students, teachers, and staff have little knowledge of Islam and Muslims, and she did not feel comfortable praying in

with her prayers. She has lots of American friends, and Nadeem always asks them about their religion because Muslim people also believe in Jesus. Nadeem wants to know what the difference in both religions is. It is really helpful to understand about other religions.

It was quite shocking to know college students are drinking. Significant numbers of college students expect one to drink or get drunk and equate drinking with having fun. Nadeem never had problems explaining to people why she does not drink alcohol or order soft drinks while attending parties, but it did create some tensions. It was also irritating to her that some people insisted that she should try eating pepperoni or ham, especially when there was no other meat op-

Different food is not the

Writing in the English language is very difficult for someone from another country. However, for Wilson it is his native language, so he has little difficulty. It is easy for Wilson, but when Nadeem wrote an essay, she had lots of problems with grammar. Homework is difficult for foreign students because limited English makes working alone very difficult. All of them mostly need help with grammar and complete sentences. Nadeem was grateful to Wilson for sending her to the Writing Lab because she did not know about the re-

Although there are many differences between Christian culture and Muslim culture, such as religious practices, language barriers, and food, Muslims are still able to receive a quality education at Grayson College. ♥

