

—Get Involved—

Viking Deadline
September 24
Send your articles, stories, poems, etc. to the editor, Emily Sileven, at emnsileven@vikings.grayson.edu.

Phi Theta Kappa
Wednesdays
12:30 pm-1:30 pm
Room LA 101 or Zoom

Cosmetology Club
TBA

Music Club
TBA

Cultural Diversity Club
TBA

Psychology Club
TBA
Room CIS 202

Clay Club
TBA

Art Club
1st Wednesday of every month
Design Room AC 105

Baptist Student Ministry
Navigate
(Free Lunch Bible Study)
Mondays and Tuesdays
12:00 pm-12:45 pm

Free campus-wide lunch
Wednesdays
12:00 pm-12:45 pm

Summit (Worship)
Thursdays
7:00 pm-8:00 pm

Striving for Success: Laura McCaw, Aspiring RN

By Marlene Phillips,
Director of Advising and Outreach

Single mom of four children, ages 14, 10, 7 and 4, Laura McCaw decided in late 2019 that her life was leading her to a nursing career. She had been an Army correctional officer briefly, a stay-at-home mom, and a small business owner providing pet transport and pet therapy delivered in nurs-

ing homes and long-term care centers. Pet therapy experiences convinced McCaw that nursing was the career for her, a career where she could make a difference.

McCaw pursued her path to nursing without hesitation.

In one year, McCaw earned 60 hours of college credits, completing her Associate of Science degree in June 2021.

She learned from her

health sciences advisors that Grayson College offered a Certified Nurse Aide (CNA) program, and scholarships were available.

So McCaw reached out to the Center for Workplace Learning (CWL) and a few days later, she was a confirmed scholarship recipient for the CNA program.

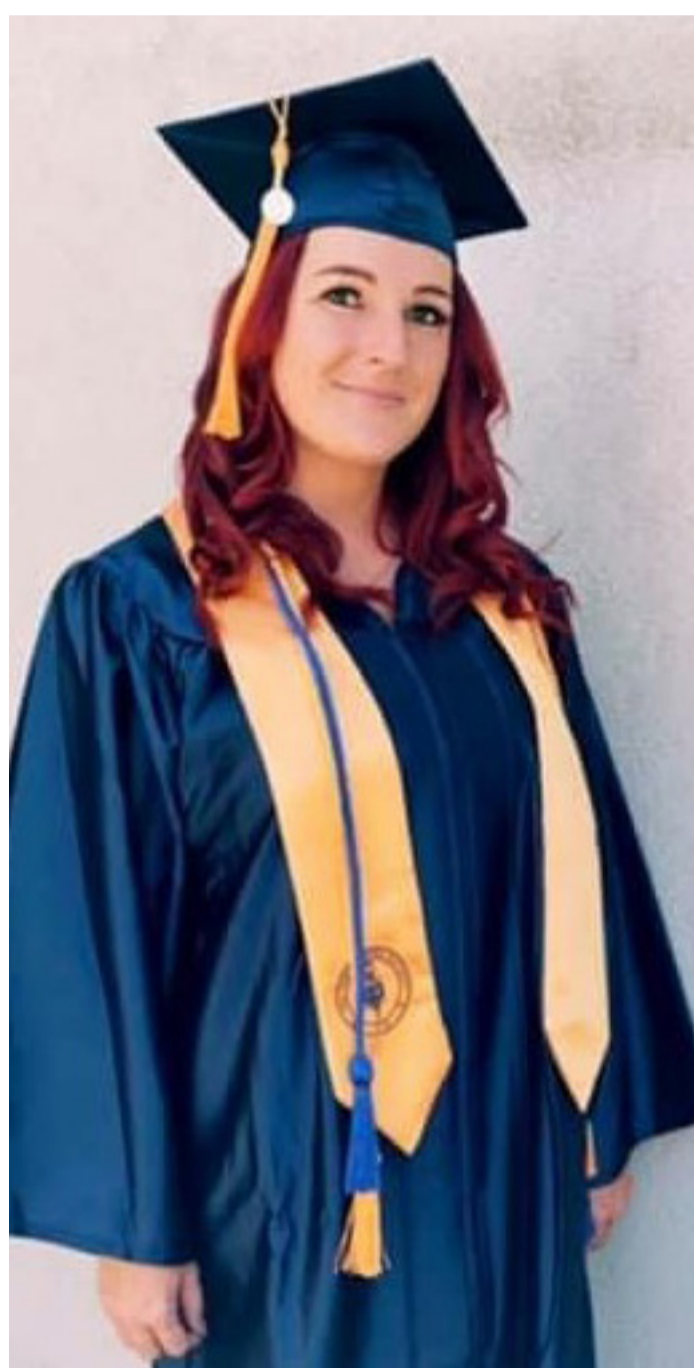
“In one year, McCaw earned 60 hours of college in one year, completing her Associate of Science degree in June 2021.”

Today, McCaw has successfully completed the CNA training program, and her certification exams! She’s done all this while she continues her pursuit of a seat in the Associate Degree Nursing program’s Spring 2022 cohort.

18 applications = 16 callbacks in 24 hours!

As a scholarship recipient, McCaw took the Workforce Success Skills (WSS) course, a prerequisite required for students entering a certification program, like CNA. In the WSS course, McCaw created a resume as an aspiring nurse aide.

Continues on pg. 2



Laura McCaw graduated with her Associate of Science degree in June 2021.

Sneak Peak:

A History Lesson- College 1973 GC (pg. 3)

Meet the New Veterans Service Coordinator, Justin Parker! (pg. 2)

Learn about the GC Career Center (pg. 2)

Editor’s Note

Emily Sileven
Viking Editor

Hello Grayson College! I hope your summer break was relaxing, memorable, and safe!

As midterms get closer and closer, I want to remind you that whether you were born with the talent to write or can’t even write a sentence without being corrected (I’m totally not writing from experience), I would love to receive your articles, stories, poems, discoveries, etc., or even your art and/or photos!

If you would like your work featured in the Viking, email me at emnsileven@vikings.grayson.edu.

It would be an honor to work with your work in the next issue of the Viking!

Grayson College Continues Partnership with Texas A&M University -Commerce to Provide Field Placement for Social Work Students

By Barbara Malone,
Director of Counseling and Social Services

Texas A&M University-Commerce has elected to continue its partnership with Grayson College to supply Grayson College students with social services.

This partnership allows Grayson College to provide field placement opportunities for students working towards a Bachelors or a Masters in Social Work at Texas A&M University-Commerce.

The field placement offers Texas A&M University-Commerce students a chance to work in the Counseling and Social Services office as interns.

The interns work as a part of the student case management team working directly with the Director of Counseling and Social Services, Barbara Malone.

Malone continues to work closely with Brian Brumley, the Director

of Field Education and LMSW-IPR, to provide Social Work Interns a rewarding experience and field placement.

Grayson College has continued to host Texas A&M University-Commerce students as interns. Samantha Newton and Alexis Sotelo began their first field placement at Grayson College in June 2021. Newton and Sotelo’s internship at Grayson College will continue until they graduate with their Bachelors in Social



Alexis Sotelo, Social Work Intern at TAMU-Commerce

Work in December 2021.

The Counseling and Social Services department at Grayson College was approved for the field placement by Social Work Interns due to the recently established Grayson Cares Emergency Student Assistance Program.

Continues on pg. 2



Samantha Newton, Social Work Intern at TAMUCommerce

“Homeless Homer” Trilogy Part III

By Laura Haworth,
Library Cataloguer

As he held the prepared bandage in his hand, I asked if I could see what my wound looked like first, before he covered it. He considered my question, then raised up one finger.

“Wait here,” he said, then headed down the hallway to the second room to the right. He came back holding up a pretty, pink hand mirror.

“This is Becky’s. Use it to see the back of your head in the bathroom. There’s a big mirror on the wall. Want to do that?” he asked. I nodded my head.

“It’s down the hallway.

The last door on the left.”

I stood up, glad that I no longer felt any dizziness at all, and eager to see what my hair and wound looked like.

The bathroom did indeed have a large mirror above the sink, and by holding the hand mirror the right way, like I had been shown by my mom, and with my back to the larger mirror, I could see my short hair completely surrounding my raw, deep, and very red wound.

But that wasn’t what bothered me the most. It was my near baldness, for he had cut my hair so close to my skin.

Continues on pg. 3

Welcome, Justin Parker!



By Justin Parker, Veterans Service Coordinator

Justin Parker is the new Veterans Service Coordinator here at Grayson College.

Parker comes to us from the State of Oklahoma where he worked for the Oklahoma Employment Security Commission in the areas of workforce development and unemployment.

Parker is a 23-year veteran of both the US Army and Oklahoma National Guard where he is still currently serving. He has completed 4 deployments to various locations around the world, including Afghanistan, Iraq, Egypt and Kuwait.

In his spare time, Parker enjoys spending time with his family and antique shopping.

See What the Guidance and Counseling Department Has to Offer

By Samantha Newton, Social Work Intern

Hello and welcome back, Vikings! We hope you enjoyed your summer break!

As a friendly reminder for all students, free mental health counseling is always available for currently enrolled students! Services are offered Monday-Friday 8:00 am - 5:00pm and can be scheduled for in-person sessions or online video calls.

To schedule an appointment, please visit the Grayson College website, then on the current students tab click on personal counseling. This will bring you to the scheduling link of the licensed professional counselors on staff.

The Social Services and Counseling team here at Grayson consists of Barbara Malone, the Director of Counseling and Social Services, Claudia Smithart, a Licensed Professional Counselor, and Social Work Interns, Ali Sotelo, and Samantha Newton. The Social Services and Counseling team is here to provide students, staff, and the community with any resources that are available and needed.

Cont. on pg. 3

Discover Your Passion, Purpose, and Pathway in the New Grayson College Career Center

By Nancy Luthé, Director of Success Coaches

The Career Center is part of the Grayson College Quality Enhancement Plan, Grayson Pathways to Success. The Quality Enhancement Plan, or QEP, is a comprehensive, 5-year action plan that targets an issue identified by the institution as important to increasing student learning and/or success. It is an integral part of the re-accreditation process of any Southern Association of Colleges and Schools (SACSCOC) member. In the center, students can utilize assessments to make an informed decision on their college major by aligning their values, interests and skills with career fields.

New career planning programs also provide students with the job outlook and salary information for various occupations. Early career planning means less expense, faster college completion, and higher job satisfaction.

The center will feature monthly Pathway Spot-

lights where students can learn more about the various Pathways and programs offered at Grayson College.

In addition to career planning, the center provides opportunities for students and alumni to learn job search skills, such as how to establish employment contacts, complete an application, write a resume and cover letter and interview for a job.

The Career Center Open House is scheduled for September 17, 2021 at 8:30 am. It is located in the Student Affairs Building next to the Advising Office.

Career services are free for students and alumni and the Career Center is open Monday through Friday from 8:00 am-5:00 pm.

Learn about the Career Center Staff and schedule on pg. 4

Grayson College Partnership with TAMU-Commerce

Cont. from pg. 1

The Counseling and Social Services department at Grayson College was approved for the field placement by Social Work Interns due to the recently established Grayson Cares Emergency Student Assistance Program.

This program was founded in June 2019 and was made possible by funding provided by United Way of Grayson County and the Grayson College Foundation.

Grayson Cares has assisted many students by allowing Grayson College students to submit an emergency request online that will enable Counseling and Social Services staff and interns to coordinate on-campus and community agency services.

These services can include emergency student assistance, food pantries, veteran's assistance, transportation assistance, community partners, Grayson College's own Mobile Food Pantry, Texoma Council of Governments and Workforce Solutions, and gas vouchers, all available to students at Grayson College.

Social Work Interns that do their field placement at Grayson College will have numerous learning opportunities ranging from case management, community outreach, individual counseling with a diverse population, and assisting in the monthly

mobile food pantry hosted at Grayson College.

The students served through the Emergency Aid Program will be enrolled in the programs and courses in one of the six Career Pathways offered at Grayson College.

The Emergency Aid Program also serves the students enrolled in the Adult Education Literacy and the Center Workforce Learning Programs.

The placement activities and skills will include record-keeping activities such as intake summaries, treatment planning, collaboration with community agencies, progress notes, and followup summaries. The case management activities include follow-up with the Financial Aid Department, enrollment status, completion rates, and monitoring with agencies and community partners. The Social Work Interns will also actively assist and participate in Grayson College's Mobile Food Pantry, hosted monthly on the 4th Wednesday of every month. The Counseling and Social Services Department office is located in the Student Life Center on the second floor in room 200. The Social Work Interns are located in the same room as the Licensed Professional Counselor Supervisor and the Licensed Professional Counselor.



Go to the Career Center page on the website at <https://www.grayson.edu/getting-started/advising/career-center/index.html> to schedule an appointment or email careers@grayson.edu.

Striving for Success,

Cont. from pg. 1

As a scholarship recipient, McCaw took the Workforce Success Skills (WSS) course, a prerequisite required for students entering a certification program, like CNA. In the WSS course, McCaw created a resume as an aspiring nurse aide.

Landsay Deen, her WSS instructor, gave McCaw feedback that her resume was in great shape. That's all McCaw needed to confidently apply for jobs even before she'd started the nurse aide training portion of her program.

In one night, McCaw applied for 18 CNA positions. A day later, she received 16 call backs! She was totally in control, determining which employers SHE wanted to call back. McCaw decided to interview with six employers. Her favorite was quick to offer her a position.

Eight days after her first application was sent, she was hired; ten days after she sent her application she was working!

But wait, there's more!

"Part of me feels guilty that I waited so long to get into a career, but at least I haven't missed anything with my kids," reflected McCaw. This past Mother's Day, she recalled the card she got from her 10-year-old son. The card said he's proud of her.

"I thought [going to school] was going to be hard on the kids, but it has brought us much closer because they see me working hard; they help more around the house; we've grown more as family; and they understand," McCaw said with pride.

McCaw's circle of support extends beyond her children as well.

"I [am] grateful for those that have believed in me, especially my mom, stepdad, and my boyfriend, Preston Buckmaster."

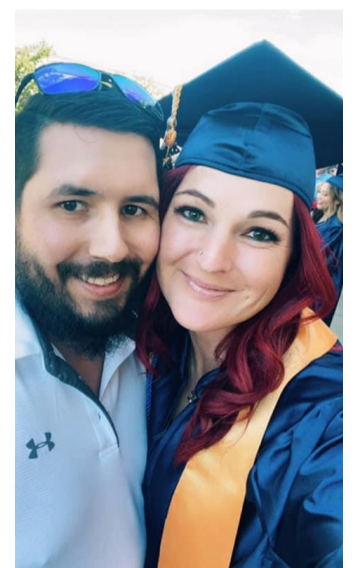
All three attended McCaw's graduation as expressions of their support.

While McCaw knew that she was going to be busy earning her way into Nursing school, she's been surprised by "extras" that have come with attending classes at Grayson.

"I didn't know that I would grow, engage with others, doubt and second guess myself less. I feel more positive, more sure."

Congratulations to you, McCaw! We are so proud of you, and all you've accomplished!

Thank you for letting us be a part of your journey. Nursing school, here you come!



Laura McCaw with her boyfriend, Preston Buckmaster.

The Viking is published by Writers Unlimited and Sigma Kappa Delta as an ongoing service project to the college. This newspaper is provided as a forum for public opinion.

Participation in the production of The Viking is open to all students, faculty and staff of Grayson College.

The views expressed in The Viking do not necessarily reflect the views of the editor, Writers Unlimited, Sigma Kappa Delta, the Board of Trustees, the administration or the faculty and staff of Grayson College.

A History Lesson — College Entrance 1973

By Mike McDonald,
Adult Education Instructor

I graduated from high school in a small Texas town in 1972, but my life had little direction. I lived with my parents and had a job at a mobile home plant near town. I bought a 1967 Mustang but really had no idea what I would do going forward.

I coached a youth baseball team, but that is a story for another time. For reasons still unclear to me today, I elected to attend college at Howard Payne in Brownwood, Texas. I was confident in my decision and knew as clearly as I have ever known anything that my place was in Brownwood. I applied, was accepted, and decided to start in the fall of 1973.

Howard Payne was an expensive school. Where state universities charged about \$4 per semester hour at the time, Howard Payne charged \$34. Once again, I didn't really plan well. I just moved in the direction I felt was right at the time. Maybe that's what I've always done.

My dad paid for my first semester, and he had to borrow the money. There was no talk about what we would do for additional semesters. As it turned out, that decision was never made.

I pre-registered for my classes and a dorm room. However, as fate would have it, when I showed up in Brownwood on the campus of Howard Payne College in late August of 1973, I found that the pre-registration paperwork had been lost. Well, all except the check that Dad had written.

In the days before computers were used for college admissions, the loss of paperwork was enough to make my registration non-existent. Except for the fact that the college had the check and had

cashied it, I would probably have been sent packing.

As it was, I was very upset because I was instructed to register for classes again. I found that to be a frustrating activity.

I stood in long lines to get classes only to find at the end of the line that the class had been filled and closed. The process was several hours long, but it seemed much, much longer.

I was just about ready to give up, but I had nowhere to go but forward.

Toward the end of this very annoying process and needing only one class to fill my roster, I was told that geology was closed and only two classes remained available. One was a PE class and unfortunately, I had already enrolled in a PE class. The ONLY other class was called Oral Interpretation. I had no idea what that was, but I quickly signed up. I was not happy.

In addition to the registration fiasco, I was told that I had no dorm room. That paperwork had also been lost. The men's dorm in which I had reserved a room was off campus. I was subsequently given a room in a wing under construction in the athletic dorm on campus. The athletic dorm happened to be just across the street from the girls' dormitory. Though all of this caused me to wonder if I had made a horrible mistake by coming to this college, of course I would find that these mistakes were leading me to a momentous and life-changing event.

My miseries were multiplied when I found that the Oral Interpretation class was in the Drama Department, and the class was housed in the theater off-campus.

Continues on pg. 4

See What the Guidance and Counseling Department Has to Offer

Cont. from pg. 2

The pandemic has likely had an impact on everyone and the Guidance and Counseling Department is here to help students during these continuously trying times in any way we are able to.

The Social Services and Counseling team aims to provide students with the support and resources they need by supplying students with resources that can be beneficial to any student's growth and success.

The Social Services and Counseling Department offers video and in person counseling, social services, emergency aid, gas vouchers, grab and go

food pantry, and a mobile food bank hosted at Grayson College on the 4th Wednesday of every month.

The Emergency Aid program is aimed at providing students that are in a financial crisis with financial assistance. Students that are eligible for assistance and meet criteria may receive up to \$500.00 per academic year.

Grayson College has also recently begun hosting its own Mobile Food Bank which is hosted on the 4th Wednesday of every month and takes place in front of the water tower at Grayson College.

Upcoming Grayson Shows

While *Agnes of God* is set in stone, the rest are still under review on whether or not they will make their way to the Grayson College stage. Here is the list of all the possible shows that you might be able to see:

Agnes of God

Cruce Stark Auditorium
Sun - October 7, 8, 9 at 7:30 pm
October 10 at 2:30 pm

Love Letters

Cruce Stark Auditorium
Sun - February 10, 11, 12 at 7:30 pm
February 13 at 2:30 pm

Endgame

Black Box Theatre
Run - November 18, 19, 20 at 7:30 pm
& November 21 at 2:30 pm

The Complete History of America Abribged

Run - April 28, 29, 30 at 7:30 pm
& May 1 at 2:30 pm

“Homeless Homer” Trilogy, Part III

Cont. from pg. 1

“I can't go to school looking like this!” I cried out.

“Your hair will grow back out,” he said, as he stood in the bathroom doorway. I shook my head and looked down at the sink so he couldn't see my tears.

“First, let me put the bandage on, then I'll show you how I can make it look better.”

He returned to the bathroom with the prepared bandage and skillfully, and gently, taped it in place. It was then that could more easily see how he could be someone's father.

“What is your name?” I asked. “It isn't Homer, is it.”

“No, it's Joseph,” I thought of the Joseph in my children's bible and decided the name fit him.

“Now, wait here. I have more things of Becky's to show you,” he said, then rushed out. Quickly, he came back, holding a brush and comb set that matched the pink hand mirror.

“Oh! It's a full set. Pret-

ty,” I said, taking them both in my hands to admire them.

“Now you can put your hair up in a ponytail,” he said, as he held out a stretchy band for me. It's what he meant by making things look better.

The ponytail would cover my short hair and most of the bandage. He even held my hair up while I twisted the band in place, and it worked.

“So, Joseph, where is Becky? Is she out playing somewhere?” I asked, but he had left the bathroom, and so I walked down the hallway in search of him, and found him in the kitchen, where there was only a small table and two chairs set up beside a sheet covered window.

Just as I began to repeat my question, loud barking erupted, to which Joseph responded by walking over to a door at the kitchen's west wall and opening it.

“Chance! Quiet! Don't make me come down there with the muzzle!” he yelled. From behind him, I could see down the steep stairs to the basement and the dog, who was looking up, tail wagging.

“Is...is he on a leash?” I asked.

“A chain. To keep him from...” Chance started barking again. Joseph grabbed the muzzle that hung from a nail on the wall and took the stairs to the basement. As soon as he left, I caught a brief glimpse of a shadow passing across the kitchen window from outside.

“Joseph, I think I saw someone outside,” I said from the top of the stairs.

He came up, looking confused. I pointed to the window. “A shadow. I saw a shadow pass,” I said.

He walked over to the window, and pulled back a corner of the sheet, then shook his head.

“Joseph, where is your daughter? Where is Becky?” My question appeared to pain him.

“She's gone.”
“What do you mean? Do you mean she's gone to the store, or...”

“I lost her. I lost all of them.”

I froze. All of them? Before I could ask what he meant, he gestured down the hall.

“You want to see them? Come look. I keep their pictures in my dresser.”

I followed him down the hallway to the next room, feeling lightheaded. Lost them? All of them?

He opened the top drawer of a dresser and pulled out several framed pictures and set them on top of the dresser, one beside the other, then pointed to each one. Slowly, I walked into the room.

“This is Becky. She is the oldest girl,” he said. The young girl looked very much like me.

“This one is of my two boys, Bryan and Colin. They're twins.” The boys looked as if they were a few years older than Becky, and they obviously favored their father in their looks.

“And this one is the baby, Brenda.” Joseph's voice cracked with emotion, as he touched the photo of the pretty baby girl with blonde hair, stretched out on her tummy in a pink dress.

To be continued

Don't Forget!

The Career Center Open House is scheduled for September 17, 2021 at 8:30 am. It is located in the Student Affairs Building next to the Advising Office.



Meet the Career Center Staff

Corey Leird is the new Career and Pathway Coach. He is from Pottsboro, Texas and was a former student at Grayson College.

He also attended the University of North Texas and has a master's degree in Social Work from the University of Texas at Arlington.

Leird understands firsthand the struggle some students face in selecting a college major and career path.

"I started my education fresh out of high school at Grayson College. I knew I wanted to pursue a degree but was uncertain exactly what degree or even what career!

"After completing coursework at Grayson College, I transferred to UNT and pursued Engineering but quickly

learned I was not an engineer!

"Through research of my own, I stumbled across UNT's Logistics and Supply Chain Management degree and thought this was the major for me. After completing my degree at UNT and entering the workforce, I realized I might not want to really endeavor in logistics.

"After several years of working in various fields, I recall finding myself continuing to think about making a difference in the lives of others and returned to school to receive my Licensed Masters Social Worker (LMSW). My story reflects upon me wishing I had someone at the beginning of my college career to help provide me with direction and resources in matching my



Corey Leird, new Career and Pathway Coach

education to a fitting career.

As the new Career and Pathway Coach at Grayson College, I now hope to connect with students providing them with this guidance, commit with them in achieving their education, and help them complete their pathway toward a rewarding career."

A History Lesson — College Entrance 1973

Cont. from pg. 3

A shuttle bus was available, but I chose to drive the Mustang. I showed up to that class with a bad attitude. I didn't know what I needed, but I knew that I didn't need a drama class. Like a typing class that I was forced to take in high school, I knew that this would be a total waste of my time. (Side note: That typing class has been as beneficial to me as any other class I ever had to take.)

When I found the classroom and entered, I saw her. I didn't see anything or anyone else. My eyes were drawn to the most beautiful girl I had ever seen. She had long, blonde hair and wore a short hot pink dress and white shoes. I immediately sat in the desk behind her. I was scared but not scared enough.

I don't remember much of the short conversation that we had before class started, but I know that I asked her name and she said, "Kathy McDonald."

What were the odds of meeting such a pretty girl with my last name in a college class that I was "forced" to take? It was the perfect ice breaker.

I didn't ask her how she spelled Kathy, but I asked how she spelled McDonald. I was smitten by her then. I am smitten by her now, over 47 years later.

There were only ten or twelve people in the class. I was way out of my element.

The instructor, Professor Armbrister, asked why we were taking the class. I remember hearing the other class members talk about radio and TV experience and theater and art ambitions.

Except for the presence of the pretty girl I had met, I was still seething for having to be there.

When it was my turn to speak, I said, "Geology was closed, they wouldn't let me take another PE, and this class was all that was available." There was a proverbial "pregnant pause" in the class. I don't remember what Mr. Armbrister said. He probably brushed me off as a bad egg. Kathy would say later that she was impressed with my honesty, but even then, I didn't really care what anyone

thought. I was still mad.

Since she rode the shuttle to the theater, I offered her a ride back to campus. Another girl intruded, offered herself a ride in my car, and took the front bucket seat. Kathy had to sit in the back. Somehow before she got away, I managed to get a moment alone with her and asked her for a date. She said yes. I quickly found a new love for drama.

On the first date, we saw two movies. The first was called "The Bird in the Crystal Plumage." After that, we went to Sonic and had cheeseburgers before going to the second movie, "High Plains Drifter." (Side note: We still have dates at the Sonic on occasion.) Ok, I wish I could say that we fell in love on that date, but we didn't. Well, she didn't. I think I did. I called her the next week for another date. It seems that her roommate had to wake her up when I called, and she blames her sleepy confusion for agreeing to a second date – something she said she had already decided not to do.

After only a couple of months of dating, I very reluctantly told her, "I think I love you." She said something like, "Well, I wondered how long it was going to take you to figure that out." (Side note: If we have a "song," it is probably "I Think I Love You" by The Partridge Family.) Once again, planning for the future was not high on my list of talents, and we didn't really know what to do next, so we decided to get married. (Side note: I still regret not giving more thought to a proposal.)

We shopped for a ring and bought one at Zales. We paid \$419 for it, and Dad had to co-sign for a loan. It was paid off at \$19 a month for two years. Yes, times have changed a little.

We were married on Saturday, June 22nd, 1974. Believe what you want to believe, but I know that I was meant to be in that drama class. The rest, as they say, is history.

Moral: Just because you don't have a plan doesn't mean there isn't one.

Fall Career Center Events Schedule

September 17: Career Center Open House

8:30 am
Career Center

October 6: Arts and Humanities Spotlight

10:00 am - 12:00 pm
Career Center/ Computer Lab

October 8: All Things Career Round Robin Lunch Discussion

11:00 am - 12:00 pm
SAB Conference Room

October 12: Business and Entrepreneurship Spotlight

10:00 am - 12:00 pm
Career Center/ Computer Lab

October 19: Resume Workshop

10:00 am - 12:00 pm and 1:00 pm - 3:00 pm
Career Center/ Computer Lab

October 21: Public Services Spotlight

1:00 pm - 3:00 pm
Career Center/ Computer Lab

October 26: Industrial Technologies Spotlight

1:00 pm - 3:00 pm
Career Center/ Computer Lab

October 28: Career Exploration

10:00 am - 2:00 pm
Career Center/ Computer Lab

November 1: Health Science Spotlight

10:00 am - 1:00 pm
Career Center/ Computer Lab

November 4: Workforce Solutions Career Fair

November 10: STEM Spotlight

11:00 am - 1:00 pm
Career Center/ Computer Lab

November 12: All Things Career Round Robin Lunch Discussion

11:00 am - 12:00 pm and 1:00 pm - 3:00 pm
SAB Conference Room

November 16: Resume Workshop


10:00 am - 12:00 pm and 1:00 pm - 3:00 pm
Career Center/ Computer Lab

November 19: Career Exploration

10:00 am - 2:00 pm
Career Center/ Computer Lab

The Baptist Student Ministry (BSM) hosts a campus-wide free luncheon every Wednesday from 12:00-12:45 pm! All you have to do is bring you and your stomach to the BSM building and they will fuel you up!

BSM FREE LUNCH



@12PM EVERY WEDNESDAY